Supplementum for V years of MJCP

by Salvatore Settineri, Carmela Mento, Fabio Frisone, Emanuele Maria Merlo, Irene Pagano Dritto, Paola Pennisi, Amelia Rizzo, Fabrizio Turiaco, Benedetta Alosi, Giuseppe Bonanno, Carlo Costanzo, Nunzio Feminò

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On the occasion of V years Anniversary of the Mediterranean Journal of Clinical Psychology

Editor in chief

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One of the possible ways to get rid of the rhetoric of anniversaries is to resort to the listener's benevolence by providing curiosity and usefulness for what he is celebrating. This happens a bit like when we look for didactic methods to avoid being boring and therefore to favor associative processes that arouse creativity, which is an original variant of imitation. This is the climate in which the Mediterranean Journal of Clinical Psychology was born, as for the purpose to compose music starting from seven notes and the relative semitones. I will propose short reflections, the longest of which places this Journal in the panorama of open journals, this product from our university, which places itself first of all on ethical issues, scientific research in general, specifically in the clinic that is a relationship, specifically in the dissemination with issues that involve themes such as conflict of interest and responsibility in training and updating of professionals. According to Braga F., Graziani M.S. and Panteghini (2013) the role of the Editor can be summarized as follows:

a) Responsibility for the content of the journal;

b) Maintaining an adequate scientific level;

c) In the readiness to publish clarifications, corrections and if necessary, an apology;

d) In ensuring an impartial and confidential review of the AA;

e) In preserving from any conflicts of interest between the AA and the journal.

This mode must of course be considered ideal and no one can think of perfect Editors, as demonstrated by authoritative, prestigious and historical Western and Eastern Journals, such as the USA (west) and China (east). In this case, this ideality must coexist with everyday life that is made of teaching, research and clinical assistance and that the service is rendered free by both the Editor, the editorial group and the service of the SBA. It is useful to say that MJCP exists because a high-tech university service has allowed it and if the intuition that originated it was a fantasy of mine, the product was made possible thanks to the work of the Editorial Manager first and then the editorial. In the three years we have offered the possibility of a supplementum, the publication also free of charge, of the abstracts of our national reference society, that is the section of Clinic and Dynamic Psychology of the Italian Psychologycal Association (AIP). Naturally choices will have to be made in the future, deriving from the growing number of requests. One of these could be that of a reduced periodicity, going from three to four issues published per year, but at present we do not have the resources to take this step; however, it seems to me a great result that the authors with these premises do not have particularly long waiting times compared to those of other Journals that we choose for our research. The relationship with the authors, however, is not simple especially when those with bibliometric sectors that experience difficulties in finding the funds, under the pressure of national qualifications, national and local competitions, evaluation and the institutions to which they belong. These obstacles are growing and I do not remember with pleasure the period of my life (90', 2000) for which I had to sacrifice my thoughts so that it was possible to publish and then resort to trivial results just to get the product. The question is different for the non-bibliometric sectors, for which I do not have knowledge I adhere to the Wittgestein rule, that of being silent.

The second reflection concerns the MJCP in the context of the disciplinary scientific sector of Clinical Psychology and Dynamic Psychology, separate sectors but in the same scientific area; for the Dynamic Psychology sector we have been asked to be the national reference, even if only today informally. For Clinical psychology we must remember that the discipline deals with clinical applications

coming from research, usually psychological and the study of the representation of the Self, intrapsychic processes and interpersonal relationships. The applicative aspect of the discipline places it in a health environment for the study skills of psychological rehabilitation and for psychotherapy. It is well known that the vastness of intervention areas on the one hand offers numerous creative flexibility capacities, on the other it constitutes a limit for the overlap with other scientific areas such as those of other sectors of psychology or medicine (for example of the psychotherapy area). The possibility of offering an interdisciplinary orientation is one of the strengths of the MJCP even if we have not managed to involve the arts and religion studies sector, which are also a significant contribution in the field of rehabilitation and prevention. Inaugurating the fifth year, then we pass from an initial phase from which we learned autonomy, social skills, practice, and that is to make a network, to a state in which we hope to learn better styles of writing, evaluation of the time and space and those of classifiers that are proper to science. Let us now turn to a particular aspect to be pointed out because, as psychoanalysis claims the unconscious manifests itself in the details. Contrary to many scientific journals, we do not have a fixed cover. This divertissement arises from the choice of the Mediterranean Journal itself and from the fact that we are proud not only of being an Italian journal, but also of being a Journal published by a region in the center of the Mediterranean sea with all its cultural richness, the fact of being a island but not to be isolated for its history and therefore that crossroads of knowledge and today we could add looking at the migratory phenomena, of that pain that characterizes every clinical experience. The fact that in the last issue we changed the cover highlighting the relationship between clinical psychology and voluntary associations simply underlines the adherence to the role played by the new and current interest for the third academic mission that is the relationship with society and the dissemination of culture. In this sense the journal is honored to be at the service of the University also for these aspects; the fact that the Journal is international can be our way of experiencing internationalization and there is no doubt that the Journal was and will be a reason for exchange that goes beyond the basin of mare nostrum.

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The five years of MJCP

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This Mediterranean Journal of Clinical Psychology, MJCP, is born of an idea and a lot of enthusiasm.

The idea is to be able to spread and share empirical research experiences, in the field of clinical psychology, starting from South Italy, for our institutional and University membership. This idea met different synchronic phases, for its full realization, and became a reality in 2013.

In line with our principles of open and free access to authors and readers and with the complicated cost management of a paper journal, a document from the CRUI, the library commission open access group 2009, was useful. MJCP Journal reflects a form of dissemination of information in clinical psychology, founded on the internet and open access, free for authors and readers, cutting down the costs of printing on paper.

This model of open access is compatible with the guaranteed referral process (in peer review) in the protection of data quality and dissemination of research. Founded in 2013 at the University of Messina in Italy, the journal publishes the study and research dedicated to innovative areas in Clinical Psychology, and clinical research methodology including qualitative and quantitative research: i.e. Clinical and Basic studies pertaining to clinical psychology, Psychopathology and Psychotherapy, application of clinical techniques, psychology of health, clinical approaches in projective methods, forensic area. In five years, the Journal has the following indexings: DOAJ the directory of open access Journal, ROAD Directory of Open Access Scholarly Resources, Anvur classification area 11, Web of Science and Scopus.

One of our objectives was precisely that of dialoguing on scientific data on models, starting from what we still consider pertinent to clinical psychology, mental events, and clinical contexts. Let's consider here a mental set of individual elements including sensations, perceptions, thoughts, organized in a conscious and unconscious way, with adaptive and disadaptive value in the subject.

The models that define the mind, the relationship between mind and body, are pertinent to us above all in a cultural time that tends to separate the mind from spirituality and the brain, also for dualistic and clinical reasons.

Yet we often find ourselves agreeing on how mental health professionals, the primary status of the psychological clinic, need to study models of the mind to think about patients and their problems.

Whether approaching from a neurobiological point of view, where the mental experiences are read from the point of view of the cerebral reality, rather than from a psychoanalytic model of the mind, in which the understanding of the world is organized in which mental phenomena influence the experiences, the human mind remains complex and mysterious.

Probably for these characteristics, the mind is always fascinating by generations of scholars and clinicians, in which each one, from the top of a model that is appropriate, tries to organize the evidence available in a representation.

We often look at contextualized data in a clinical situation, for example, think about a patient's life history, or a patient's story about one's own experience or the interactions between patient and clinician in therapeutic settings.

Also, in this case, a model describes the way in which these psychological phenomena, we explain so fears and fantasies, feelings and memories, thoughts and attitudes that animate people and therapeutic processes, and also the symptoms, main objects of study and reflection and evolutionary debate of mental development.

We assist, readers and referees, descriptions in which the findings at the clinical level and the related theoretical formulations, interact, forging models.

We outline elements that are shared and useful for the diffusion of research in the clinical field, certain that the process is constantly evolving, we often face the same questions that have put in crisis important psychologists on how it is possible, today, understanding our patient.

We need models of mind reading, for our continuous transactions on the relational, social, interpersonal, ranging from friendship to intimacy, from parenting to teaching, from work to politics, varying according to different levels and contexts of functioning.

We also need it because the human being has the potential to know and make sense of what is happening, even in the minds of other people.

It is a project of ours, of shared diffusion, open, free and accessible to the psychological and clinical science, in its theories and diagnostic and rehabilitative methodologies, based on some study summits:

-The unconscious, still today in open debate regarding the conscience and the awareness and the functions it performs, thanks also to the help of the neurosciences;

-The mind-body relationship, which today presents an interest in the embodiment and in the relationship between cognition and affectivity, compared to the complex emotional and physical states, that are expressed through the body and its biology in relation to the environment;

-Clinical settings in which models make sense and organize what is observed (such as communication, behavior, the patient history) in a reading of the patient's mechanisms and treatments;

-The psychological-clinical consultation, necessary in the care settings and in the medical setting, which requires theoretical and applicative summits with psychological and clinical psychodiagnosis;

-The relationship, Self-Other, which remains a constant of the clinic work, both

from cognitive studies and clinical neuroscience on the child's first interactions and the resulting cognitive and neurotransmissional structuring, but also respect to the centrality of the relationship in the psychotherapeutic and care process, which concerns all the mental representations connected to this development.

Trying to bundle the proposals received by the authors, we have structured the Journal following different angles from the structural, the evolutionary model, the heart of the clinic that remains the psychopathology, and the therapeutic action that still characterizes us today as clinicians.

The red thread that can be traced is the research on the narrative Self, a line that converges psychodynamic and cognitive models on the narrative character of the mind, which finds in consciousness the continuity of the subjective story, which finds inexhaustible source of the complexes, which is still converging today, clinicians and analysts on how to tell stories, complicated, suffering but always fascinating of our patients.

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Index of scientific production during the 5 years of the MJCP

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Abstract

The Mediterranean Journal of Clinical Psychology, whose focus is centered on clinical psychology referring to different areas of clinical research, celebrates 5 years since its establishment. The practice of research in the 5 years of existence of the journal, led to the publication of editorials, Scientific articles, Book reviews, Supplementum concerning the different areas considered, such as Clinical Psychology, Psychotherapy, Health Psychology, Projective Methods, 8

Forensic Psychology, Clinical psychology of Art and Religion. The publication of 5 volumes consisting of 15 issues, with a frequency of 3 issues a year produced the dissemination of the work of 208 authors, with 146 open access documents, of which 96 were subjected to a double blind peer review process as scientific articles and the remaining consisted of editorials, reports and supplements.

The production

In this work the production will be presented, specifically related to 1) the publication of the different volumes; 2) the different areas and the different authors.

In addition, the complete list of authors and e-mails of the corresponding author will be presented, plus the headings indicated for volumes of published works and authors, with annexed data referring to universities, institutions of belonging.

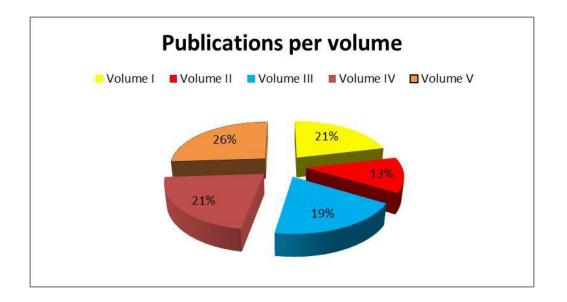


Chart 1. Scientific productions are represented on the basis of their distribution by volume and year of publication.9

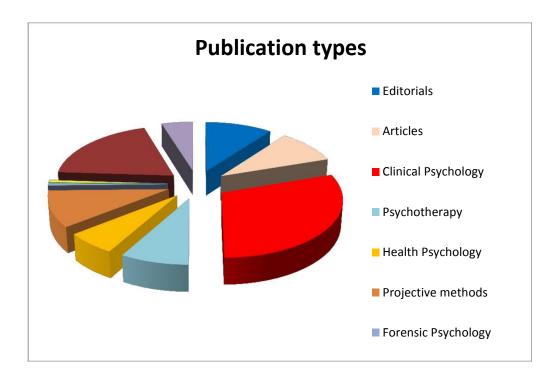


Chart 2. The possibility offered by the Mediterranean Journal of Clinical Psychology, to allocate the research in clinical psychology to the different areas mentioned above, produced the represented distribution of the publications.

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During the 5 years of activity of the MJCP, the commitment of the editorial team allowed the scientific expression of 208 authors; two lists will be presented below, respectively of all the keywords presented into the articles and of all the 208 authors who published during this period.

List of Keywords:

Academic Achievement, Activity Of Symbolization, Addiction, Adhd, Adolescence, Adolescent Gender Dysphoria, Adolescent, Adult Attachment, Adult Autistic Traits, Affective Dysregulation, Agency, Alchemy, Alcohol, Alexithymia, Alternate Model, Amyotrophic Lateral Sclerosis (Als), Analytical Psychology, Anger, Anorexia Nervosa, Anxiety Disorders, Anxiety Sensitivity, Anxiety Symptoms, Anxiety, Anxiety/Depression, Assessment, Asylum Seekers, Attachment, Attention Deficit Hyperactivity Disorder, Autism Spectrum Disorder, Automatic Processes, Automatic Processing, Balance, Behavioral Addictions, Big Five Personality Traits, Bodily Experience, Body Image, Body-Psychic Boundaries, Borderline Personality Disorder (Bpd), Brainspotting, Breast Cancer, Brief Counselling, Burnout, Butterfly Effect, Cardiac Patients, Careers, Caregiver, Case Study, Central Serous Chorioretinopathy,

Chaos Theory, Chaos, Child, Childbirth, Childhood, Childs, Chinese Dyslexic Children, Chronic Patients, Classical Conditioning, Clinical Aspects, Clinical Psychology And Psychoanalysis, Clinical Psychology, Cochlear Implant, Coding, Cold Sensation, Communication, Conditioned Reflexes, Confabulation, Cognition, Controlled Processes, Convergence, Coping Strategies, Coping, Corticosubcortical Neural Models, Cosplay, Counseling, Couple Relationships, Covariation, Crohn"s Disease, Cross-Cultural Differences, Cryptograms, Cultural Attachment, Culture, D'Abundo, Decision Making, Decoding, Defence Mechanism, Depression, Derailment, Developmental Impasses, Diabetes Mellitus, Diagnosis, Therapy, Disability, Draw A Dreaming, Drug Dependence, Drug-Addiction, Dsm5, Tree Test, Dream Analysis, Dynamic Psychology, Early Adolescence, Earthquake, Eating Behavior, Eating Disorders, Ebullying, Emotion Dysregulation, Emotion Regulation, Emotion, Emotional Dysfunction, Emotional Intelligence, Emotional Profiles, Emotional Selfregulation,

Emotions, Epistemology Equation, E-Victimization, Excessive Sexual Activities, Executive Functions, Experience Of Death-Rebirt, Experiential Group, Experimental Reflex Epilepsy, Exploratory Factor Analyses, Exploring Emotions, Eye Movement Desensitization And Reprocessing, Fear, Female Anger, Fraternal Complex, Functional Gaetano Martino, Gamblers Anonymous, Gambling. Gender Psychotherapy, Differences, Gifted Students, Group Analysis, Health Promotion, Health Workers, Home Palliative Care, Hope, Ibs, Identity, Impact Factor, Implicit Memory, Indigenous Psychology, Individuation Process, Induction To Reverie, Intermittent Explosive Disorder, Interpersonal Conflict Resolution, Interpersonal Relationships, Interpersonal Trust At School, Interview Study, Intimate Partner Violence, Italian Calibration, Italian Research, Italian Students, Italy, Ivan Pavlov, Learned Helplessness, Learning Disabilities, Learning Goals, Learning Styles, Local Culture, Location Sheets, Lsi-2, Marital Satisfaction, Masculinity, Mastery Orientation, Mathematical Metaphor, Medusa Complex, Mental Boundaries, Mental Image, Mental Imagery, Mental Representations, Mental States Understanding, Mentalization, Metabolic Alterations, Metacognition, Meta-Cognitive Beliefs, Mind-Body-Relation, Mindfulness, Mirror Neurons, Misdiagnosis, Misuse, Motherhood, Mourning, Myth, Narcissistic Functioning, Neurobiology, Neuropsychology, Nutrition, Obesity, On-Line Life, Order Orthopaedic Rehabilitation, Outcome, Pain, Parenting, Alexithymia, And Chaos, Partner Abuse, Pathological Gamblers, Pathology, Pediatric Primary Care, Peer Support, Perceptual Skill, Personality Assessment In Gender Dysphoria, Personality Personality Disorder, Personality, Phenomenology Of Desire, Assessment Inventory, Phenomenology Of Image, Phenomenology, Post-Traumatic Disorder, Posttraumatic Stress Disorder. Pragmatic Inference, Preadolescents, Precariousness, Pregnancy, Process Of Latency, Process, Projective Field, Projective Methods, Projective Technique, Psoriasis, Psychiatry, Psychic Process, Psychoanalysis, Psychodiagnosis And Therapy, Psycho-Diagnostics, Psychological Research, Psychological Social Worker, Psychological Types, Psychology, Psychopathology Of Affects, Psychopathology, Psychosomatic Gynecology, Psychosomatic Medicine, Psychotherapy, Qualitative Research, Quality Of Life, Questionnarire, Rape, Reading And Writing Ability, Reading Disability, Recovery Experiment, Refugees, Relational Mind, Representation Of Self, Research In Psychotherapy, Research Method, Research, Review, Role Identity, Rorschach Method, Rorschach Test, Rorschach, Schizophrenia,

School Climate, School Inclusion, School Refusal, Seigol-Dw, Selective Visual

Attention, Self, Self-Efficacy, Self-Esteem, Self-Regulation Couple Therapy Intervention, Semiotics, Sexual Behavior, Sexual Desire, Sexuality, Shame, Social Skills, Social Story, Spain, Substance Abuse, Suicidal Risk Behavior, Suppression, Sustainable Development, Symbol, Symbolic Function, Tci, Teachers' Inclusion Beliefs, Teachers, Technique, Text Analysis, Theory, Therapeutic Music Therapy, Therapy Research, Transference, Transgender Ftm, Trascendent Function, Trasparent Vs. Opaque Languages, Trauma, Treatment Efficacy, Treatment, Type D Personality, Ulcerative Colitis, Uncertainty, Uneasiness, University Students, Validity, Violence, Visual-Spatial Processes, Vulgar And Semivulgar Responses, War, Weak Central Coherence, Worry.

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EDITORIAL

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Articles

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Keywords: Clinical Psychology, Research, Epistemology.

CHILDHOOD OBESITY TREATMENT AND PREVENTION. PSYCHOLOGICAL PERSPECTIVES OF CLINICAL APPROACHES

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RELATIONSHIP BETWEEN WEAK CENTRAL COHERENCE AND MENTAL STATES UNDERSTANDING IN CHILDREN WITH AUTISM AND IN CHILDREN WITH ADHD.

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Keywords: Weak central coherence, Autism spectrum disorder, Attention-deficit hyperactivity disorder, Perceptual skill, Pragmatic inference, Mental states understanding.

RELATIONSHIP BETWEEN TEMPERAMENT AND ANXIETY DISORDERS: A SYSTEMATIC REVIEW

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Keywords: TCI, personality, anxiety disorders, anxiety symptoms.

A METAPHOR FOR THE GROUP ANALYSIS

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Keywords: Group analysis; theory, technique.

IMPLICIT MEMORY. INTERCONNECTIONS BETWEEN NEUROSCIENCES AND SUBJECTUAL GROUPANALYSIS

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Keywords: Implicit memory; relational mind; mind-body-relation

TOKOPHOBIA: WHEN FEAR OF CHILDBIRTH PREVAILS

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TEMPERAMENT AND GENERATIVITY DURING THE LIFE SPAN

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Keywords: Temperament, TCI, Generativity

EMOTIONAL PROFILES TO THE RORSCHACH TEST IN SUBJECTS AFFECTED BY CENTRAL SEROUS CHORIORETINOPATHY: PRELIMINARY OBSERVATIONS

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Keywords: Emotional profiles, Central Serous Chorioretinopathy, Rorschach test.

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EDITORIAL

Rorschach: reactive or test?

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Learning disabilities and social problem solving skills

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Keywords: learning disabilities, social skills, interpersonal conflict resolution, social story.

Metacognition and negative emotions in clinical practice. A preliminary study with patients with bowel disorder

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The association between alexithymia and impoverishment of dreaming: an empirical research amongst undergraduate students

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Keywords: alexithymia, symbolic function, dreaming, emotion.

The Cold Man. A clinical case of the cold sensation

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Keywords: Cold sensation, pain, psychopathology

The process of latency in current clinical: study through projective methods (Rorschach and T.A.T.).

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Keywords: Process of latency, Childs, Projective methods

Reports:

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Review to the research articles:

1. Construction of a telephone interview to assess the relationship between mood and sleep in adolescence Authors: Salvatore Settineri, Antongiulio Vitetta, Carmela Mento, Giusy Fanara, Rosalia Silvestri, Filippo Tatì, Rosario Grugno, Francesco Cordici, Fabio Conte, Giovanni Polimeni, Lara Gitto, Placido Bramanti Neurological Sciences Neurol Sci (2010) 31:459–465.

2. Mood and Sleep Problems in Adolescents and Young Adults: An Econometric Analysis Authors: Salvatore Settineri, Lara Gitto, Fabio Conte, Giusy Fanara, Domenico Mallamace, Carmela Mento, Rosalia Silvestri, Filippo Tatì, Rocco Zoccali, Francesco Cordici, Rosario Grugno, Giovanni Polimeni, Antongiulio Vitetta, Placido Bramanti The Journal of Mental Health Policy and Economics J Ment Health Policy Econ (2012) 15, 23-3.

Book review

Il complesso di Telemaco. Genitori e figli dopo il tramonto del padre.

Massimo Recalcati. Feltrinelli, Milano, 2013.

Salvatore Settineri¹

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Book review

Le idee dell"anima Jung e la visione del mondo.

F. Testa e G. Marinelli. Bonanno Editore. Roma 2012

Salvatore Settineri¹

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Book review

Dimenticare se stessi

Quattropani M.C., Coppola E. Piccin. 2013

Emanuela Coppola¹

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University of Messina, Italy.

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Vol 1 n 3 2013

EDITORIAL

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Messina Email Corresponding author: salvatore.settineri@unime.it

Articles

Multimethod and Interpersonal Assessment in Medical Settings: A Case Study from the Dermatology Unit

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key words: attachment; emotion regulation; couple relationships; psoriasis; psychosomatic medicine.

Academic underachievement, self-esteem and self-efficacy in decision making

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Keywords: decision making, self-esteem, self-efficacy, adolescence.

Worry and Meta-Cognitive beliefs in Childhood Anxiety Disorders Loredana Benedetto, Daniela Di Blasi, Pamela Pacicca Department of Human and Social Sciences, University of Messina, Messina (Italy)

E-mail corresponding author: loredana.benedetto@unime.it

Keywords: worry, anxiety disorders, meta-cognitive beliefs, preadolescents.

Palliative care home service. An explorative research on care workers in an integrated home-assisted center for palliative care

Maria C. Quattropani¹, Vittorio Lenzo¹, Rosalba Rossello², Ferdinando Grimaldi², Daniela Grasso²

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Attachment and alexithymia: the role of emotions from the affective deprivation towards illness Leonardi Valentina1 , Caracciolo Marialetizia1 , Mallamace Domenico2

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Key words: attachment; alexithymia; affective dysregulation.

Post-traumatic Disorders in survivors after the earthquake of 1908 and the Italian-Turkish war

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Keywords: Post-traumatic disorder, D'Abundo, Earthquake, War

Specificity of the Projective Field: reveries and transformative potentialities

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Keywords: Projective methods - Projective field – induction to reverie – activity of symbolization.

Reports

An international perspective on depressed mood and gender differences: the case of Korea

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Girolamo Lo Verso

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THE OTHER SIDE OF THE COIN: THE PSYCHOLOGICAL IMPLICATIONS OF MICROCREDIT.

Psychology Research Progress. Nova Publishers New York 2013.

Rapporto XV Congresso Nazionale dell'Associazione Italiana di Psicologia

XV National Congress of the Italian Association of Psychology (AIP)

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Vol 2 n 1 2014

Editorial

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Articles

The Relationship Between Anger and Sexual Behavior: A Review of Theories and Research

Iannuzzo Giovanni, Pandolfo Gianluca, Bonadonna Antonella, Lorusso Simona, Crucitti Manuela, Lanza Giulia, Cicciarelli Claudio, Bruno Antonio

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Keywords: Sexual behavior, Sexual desire, Anger, Gender differences.

Dysfunctional metacognitive beliefs and gastrointestinal disorders. Beyond an "organic"/"functional" categorization in the clinical practice

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Keywords: alexithymia; Crohn"s disease; IBS; metacognition; ulcerative colitis.

Representation, Projection and Cochlear Implant: a single case study Mento Carmela¹, Galletti Francesco², Galletti Bruno², Longo Patrizia², Bitto Emanuela³, Rizzo Amelia³, Settineri Salvatore³

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1 Italy Email Corresponding author: <u>amrizzo@unime.it</u>

Keywords: Cochlear implant, Projective technique.

ASSESSMENT or UNDERSTANDING? The Rorschach method in psychotherapy Sardena Maria¹

1 Psychologist and psychotherapist in Padova, Italy. Email Corresponding author: mariasardena@alice.it Keywords: Clinical psychology, diagnosis, therapy.

Reports

Book Review Title: Mediterraneo. Levanzo. Esperienze per esserci. Ed. Magenes, Milano 2014 Author: Girolamo Lo Verso The life "into" the life

CLINICAL MEASURES

The Questionnaire of Disgust (QD)

Settineri Salvatore¹, Carmela Mento²

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Vol 2 n 2

EDITORIAL

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The fraternal complex between psychoanalysis and myth a literary example: Strange Shores

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Keywords: Fraternal Complex, Psychoanalysis, Myth

Relation of chaos equation to the schedule for the evaluation of individual quality of life-direct weighting method

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Email Corresponding author: science2001007@ybb.ne.jp.

Keywords: SEIQoL-DW, Psychotherapy, Misuse, Chaos, Covariation

Quality of life and uncertainty in illness for chronic patients

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Keywords: Uncertainty, quality of life, chronic patients, coping, anxiety/depression.

Report

BOOK REVIEW

C"ERA UNA VOLTA...A TAVOLA

Pagano Dritto Irene

Psychological Doctor

"C"era una volta … a tavola" is a newly published book (112 pages, 9 €, Lombardo Edizioni 2014), <u>http://www.tipografialombardo.it/products/view/id/10/cera-una-volta-atavola/</u>

Vol 2 n 3 2014

Articles

Preliminary evaluation of a self-report tool for Learned Helplessness and Mastery Orientation in Italian students.

Luana Sorrenti, Pina Filippello, Sebastiano Costa, Caterina Buzzai

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Keywords: learned helplessness; mastery orientation; academic achievement; exploratory factor analyses.

Excessive sexual activities among male clients in substance abuse treatment. An interview study.

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Email Corresponding author: <u>elisabeth.punzi@psy.gu.se</u>

Keywords: Excessive sexual activities; Interview study; Masculinity; Shame; Substance abuse; Treatment.

Abandon the coat Experiential group about clinical psychologist"s identity

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Keywords: role identity, mental representations, experiential group

Burnout experience among teachers: a case study

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Keywords: Burnout, Interpersonal Trust at school, School climate, Teachers

Mixtum compositum: oniric image in the analytical treatment of a Transsexual FtM

Gullì Mario

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Keywords: transgender FtM; dream analysis; alchemy; individuation process.

Report

Book review

Mediterraneo-Levanzo ed Horcinus Orca

Girolamo Lo Verso

Vol 3 n 1 2015

EDITORIAL

Settineri Salvatore¹

1 Department of Human and Social Sciences, University of Messina, Messina (Italy) Sharing problem gamblers" experiences: A text analysis of gambling stories via online forum

Caputo Andrea¹

1 Department of Dynamic and Clinical Psychology, University of Rome "Sapienza"

Email Corresponding author: andrea.caputo@uniroma1.it

Keywords: Addiction, Gambling, Gamblers Anonymous, Text analysis.

Discovering Equations in relation to the Counseling process

Yanagisawa Hideaki¹

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0039. Email Corresponding Author: science2001007@ybb.ne.jp

Keywords: Counseling, Equation, Cryptograms, Transference, Decoding, Chaos

Clinical Aspects of Personality Disorder Diagnosis in the DSM-5

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Department of Neuroscience, University of Messina, Italy

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Keywords: Clinical aspects, Personality disorders, Alternate Model, DSM5.

The Orthopaedic Rehabilitation of balance: An experimental study on the role of mental imagery and emotional variables

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Key words: Orthopaedic Rehabilitation, Balance, Mental Imagery, Anxiety, Depression.

What Is Hope For Breast Cancer Patients? A Qualitative Study

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Keywords: hope, breast cancer, qualitative research, cognition, emotion.

Report

BOOK REVIEW

Settineri Salvatore¹ & Rizzo Amelia¹

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"Percorsi esplorativi in clinica proiettiva" saggi e ricerche cliniche

[Explorative pathways in projective clinics essay and clinical

researches] by Sola Tiziana. Ed. Aracne, 2014, p. 248.

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Editorial

Salvatore Settineri

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What connections between Marital conflict and Parenting Quality? Evidence from parent"s gender in spillover effects

Loredana Benedetto, Massimo Ingrassia

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Interpersonal relationships, sexual life, bodily experience and on-line activity: a comparative study between adolescent and young adult cosplayers and non-cosplayers.

Eugenia della Valle, Marzia Rossetti, Daniela Cantone

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Keywords: Cosplay, bodily experience, interpersonal relationships, on-line life.

The Rorschach in gynecological suffering: Representations and complexes of card VISalvatore Settineri¹, Maria Le Donne², Irene Pagano Dritto¹, Amelia Rizzo¹, Carmela Mento³

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Keywords: body image, sexuality, Rorschach, psychosomatic gynecology

The Self Representation in Schizophrenic patients: Considerations on the Draw a Tree Test

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Keywords: Representation of Self; Schizophrenia; Draw a Tree Test.

Reports

Book Review

Lara Gitto¹

World of dreamers: where anything can happen A review for the novel "World of Dreamers"

by Alessia Puleo Kimerik, 2015.

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Book Review

Salvatore Settineri

Giving in Times of Crisis

Towards a psychology of recognition

By Molinari Enrico, Cavaleri Pietro Andrea Raffaello Cortina Editore. Milano 2015

University of Messina, Italy

Book Review

Carmela Mento

INCONSCIO, COSCIENZA E DESIDERIO

L"incertezza in Psicoanalisi

By Giuseppe Craparo Ed. Carocci, 2015

University of Messina, Italy

Supplementum 2015

SUPPL. 1A SYMPOSIA SUPPL. POSTER 1B

Suppl. 1A Simposi

Maria C. Quattropani, Carmela Mento

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Proceedings XVII NATIONAL CONGRESS ITALIAN PSYCHOLOGICAL ASSOCIATION CLINICAL AND DYNAMIC SECTION MILAZZO, MESSINA -SEPTEMBER 25-27 2015 ORAL COMMUNICATIONS SYMPOSIA

Quattropani Maria C., Mento Carmela

Editors University of Messina, Italy

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Maria C. Quattropani, Carmela Mento

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Proceedings XVII NATIONAL CONGRESS ITALIAN PSYCHOLOGICAL ASSOCIATION CLINICAL AND DYNAMIC SECTION MILAZZO, MESSINA -SEPTEMBER 25-27 2015 POSTER SESSION

Quattropani Maria C., Mento Carmela

Editors University of Messina, Italy

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Articles

Physiology and behavioral Science in Gaetano Martino: Reflections on a physiologist"s endeavor to discover the mind

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Keywords: Gaetano Martino, Ivan Pavlov, conditioned reflexes, classical conditioning, psychology, nutrition, psychiatry, experimental reflex epilepsy.

Order and Chaos Margins of "normality" between diagnosis and therapy: from the preliminary meeting to the plot of a speech to come

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Keywords: Rorschach Test, psychodiagnosis and therapy, order and chaos, clinical psychology and psychoanalysis.

Relation between Chaos Theory and Peer support in Mental Illness: Wisdom in the "Serenity prayer" embodies the peer support effect and ability to sense behavioral changes through continuous covariation

Hideaki Yanagisawa

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Keywords: peer support, chaos theory, recovery experiment, psychological social worker, butterfly effect.

Conceptualizing the relations between metacognition and executive functions in Amyotrophic Lateral Sclerosis (ALS) patients" caregivers. A preliminary study

La Foresta Stefania¹, Messina Sonia^{1,3}, Faraone Cristina¹, Pistorino Giovanna², Vita Giuseppe^{1,3}, Lunetta Christian¹, Quattropani Maria Catena² 1 Centro Clinico Nemo Sud, Policlinico University of Messina, Italy

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Keywords: Amyotrophic Lateral Sclerosis (ALS), executive functions, metacognition, caregiver.

Thematic Apperception Test: an original proposal for interaction analysis

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Email Corresponding author: dordipa@yahoo.it Keywords: CoupleThematic Apperception Test, couple interaction, original methodology

Rorschach test: Italian calibration update about statistical frequencies of responses and location sheets

Stefano Caruson, Mariangela Ferro, Giampieri Claudia, Manuela Consolmagno

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Keywords: Rorschach Test, Italian Calibration, Vulgar and Semivulgar Responses, Location Sheets, Coding

Phenomenology & Rorschach

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Keywords: Rorschach, phenomenology, psychic process

Type D Personality in infarcted patients a study with the Rorschach projective technique

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Keywords: Type D Personality, Rorschach, Cardiac patients.

Perceptual derailment and confabulation in the Rorschach projective technique: A clinical report

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Keywords: Rorschach, confabulation, derailment, psycho-diagnostics.

A Rorschach investigation of Autism Spectrum Disorders in Adulthood: preliminary observations Crucitti Manuela¹, Pagano Dritto Irene¹, Di Perri Caterina¹, Gallo Giuseppa¹, Conti Claudio¹, Bruno Antonio¹, Muscatello Maria R. A.¹, Zoccali Rocco A¹.

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Key words: Adult Autistic Traits, Projective methods, Misdiagnosis.

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EDITORIAL

Body Issue: Clinical and Episthemology

Salvatore Settineri

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Articles

The burnout syndrome in palliative home care workers: the role of coping strategies and metacognitive beliefs

Lenzo Vittorio¹, Indelicato Federica¹, Grisolia Elisabetta¹, Toffle M. Ellen², Quattropani Maria C^1 .

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Keywords: home palliative care; burnout; metacognitions; coping strategies; health workers

A controlled study of attachment representations and emotion regulation in female adolescents with anorexia nervosa Pace Cecilia Serena¹, Guiducci Valentina¹, Cavanna Donatella1²

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Key words: Anorexia nervosa; attachment; emotion regulation; adolescence; eating disorders.

When passion becomes a nightmare: the burnout syndrome in healthcare workers. A case study.

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Effectiveness of Self-Regulation Couple Therapy intervention on marital satisfaction and partner abuse (Non-physical)

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Keywords: Self-Regulation Couple Therapy intervention, marital satisfaction, partner abuse.

The Medusa Complex: the head separated from the body in the psychopathology of negative affects

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Keywords: Medusa complex, female anger, psychopathology of affects.

Drug-addiction and boundaries of the Self A psychoanalytical reading through the Rorschach test

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Keywords: Rorschach test, narcissistic functioning, drug-addiction, Self, mental boundaries, body-psychic boundaries.

The emotional tunes and the role of mirror neurons: From primary relationship mother-child relation to rehabilitation and therapeutic music therapy

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Keywords: Emotions; Mirror neurons; Therapeutic music Therapy.

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Editorial

Salvatore Settineri, Editor in chief

Learned Helplessness and Learning Goals: Role played in School Refusal. A Study on Italian Students

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Keywords: School refusal; Learned Helplessness; learning goals; academic achievement; Italian students

Suppression mental questionnaire: A preliminary study

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Keywords: Suppression, Questionnarire, Defence Mechanism.

Child-Parent Attachment Styles and Borderline Personality Disorder Relationship

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Keywords: Attachment, Personality disorder, Borderline Personality Disorder (BPD), child, childhood.

Projective identification and suicidal risk behaviour assessing a Rorschach protocol: a clinical case report.

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Keywords: Suicidal risk behavior, Rorschach, Personality disorders.

Validity indices of the Rorschach test and Personality Assessment Inventory: a comparison in pathological and healthy subjects.

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Keywords: Rorschach Test, Personality Assessment Inventory, Pathology, Validity.

Book Review

Responsability and hope by Eugenio Borgna. Ed. Einaudi, 2016

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Article Review

Myers-Briggs Typology and Jungian Individuation

Steve Myers, Journal of analytical psychology, 2016, vol. 61, 3, 289-308

Maria Midili

Psychological Doctor, University of Messina

Article Review

Darkness in the contemporary scientific imagination and its implications.

Joseph Cambray, Enkelados, "Incanto" Nº III vol. 3/2015 Nuova Ipsa Editore.

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SYMPOSIA 4/2 A/B1/B2 AIP Clinical and Dynamic Section Proceedings

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Vol 4 n 3

Editorial

Salvatore Settineri, Editor in chief

Articles

Exploring emotions and the shared decision-making process in pediatric primary care

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Keywords: Exploring emotions, decision-making, pediatric primary care

Relation between Chaos Theory and Lewis's Development theory: Common Understanding is never archieved by covariation alone

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Keywords: Communication, covariation, chaos, convergence, counseling

Chinese dyslexic children's learning of an orthographically transparent language: Evidence for a facilitation effect

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Keywords:. Chinese dyslexic children; cross-cultural differences; trasparent vs. opaque languages; reading and writing ability; visual-spatial processes.

The Relationship between Self-Esteem, Depression and Anxiety: Comparing Vulnerability and Scar Model in the Italian Context

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Keywords: self-esteem, anxiety, depression, early adolescence

The role of Metacognition in eating behavior: an exploratory study

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Keywords:. Metacognition, Obesity, Neuropsychology, Eating Behavior

Personality Assessment in Gender Dysphoria: clinical observation in psychopathological evidence

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Keywords:. Personality Assessment in Gender Dysphoria.

Hades' embrace and the pathological gambler's experience of death-rebirt

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Keywords:. Pathological gamblers; experience of death-rebirt.

Book Review Introduction to Synchronicity Irene Pagano Dritto Psychological Doctor, University of Messina

Book Review

The Universe of Gaia

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Corrigendum 4,2 suppl. 2016

Salvatore Settineri, Editor in chief

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Editorial

CLINICAL PSYCHLOGY AND THIRD MISSION

Salvatore Settineri, Editor in chief

Articles

Brief report: The influence of dissociative experiences and alcohol/drugs dependence on Internet addiction

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The subject/Culture report in the trauma of rape: the case of the Algerian girls

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Keywords: Trauma, culture, rape, cultural attachment, indigenous psychology

Italian adaptation of the Kolb's Learning Styles Inventory-2: A preliminary study Carmela Mento¹, Emanuele Maria Merlo², Salvatore Settineri³

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Key words: Learning styles, LSI-2, Psychological types.

Counselling University Students

A Psychoanalytic Approach of the Single Case Report MASSIMILIANO SOMMANTICO¹, BARBARA DE $ROSA^1$, SANTA PARRELLO¹

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Keywords: Brief counselling, psychoanalysis, university students, mourning, developmental impasses

Brainspotting – the efficacy of a new therapy approach for the treatment of Posttraumatic Stress Disorder in comparison to Eye Movement Desensitization and Reprocessing

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Keywords: Posttraumatic stress disorder, therapy research, treatment efficacy, Eye Movement Desensitization and Reprocessing, Brainspotting

Emotion dysregulation in alcohol related intimate partner violence: a systematic review

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Keywords: Emotion Dysregulation, Intimate Partner Violence, Alcohol, Violence.

The study of automatic and controlled processes in ADHD:

a reread and a new proposal

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Keywords: ADHD, automatic processes; controlled processes; executive functions; corticosubcortical neural models.

Book Review

To the origins of psychosis Study paths between clinic and culture

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Clinical Psychology and Psychoanalysis between diagnosis and therapy

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Editorial

COMPLEXITY, SCIENTIFICITY AND KNOWLEDGE TODAY

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Articles

The role of e-viztimization/bullying and self-efficacy on anxiety sensitivity in a school based sample

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Key words: Anxiety Sensitivity, Self-Efficacy, E-Victimization, EBullying, Adolescent

Emotional Intelligence, Emotional Self-regulation and Dispositional Mindfulness

in High School Gifted

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Key words: Emotional Intelligence, Mindfulness, Emotional SelfRegulation, Gifted Students

Relationship between parenting, alexithymia and adult attachment styles: a crossnational study in Sicilian and Andalusian young adults

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Key words: Parenting, Alexithymia, Adult attachment, Spain, Italy

Neurobiological and Psychopathological mechanisms underlying addiction-like behaviors: an overview and thematic synthesis

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Key words: Addiction; Behavioral Addictions, Drug Dependence, Neurobiology, Psychopathology.

New-onset Intermittent Explosive Disorder (IED); metabolic and clinical correlates: Case report

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Key words: Intermittent Explosive Disorder, Diabetes Mellitus, Metabolic alterations.

The mathematical metaphor of analysis

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Key words: Trascendent Function, Mathematical Metaphor, Analytical Psychology.

Reflective and High Functioning in preliminary assessment

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Key words: Assessment, Outcome, Mentalization, Attachment, Case Study

The Symbol theory in S. Freud, C. G. Jung and C. S. Peirce

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Key words: Semiotics, Symbol, Phenomenology, Dynamic Psychology, Analytical Psychology.

A review of Asylum Seekers and Refugees in Italy: Where is the psychological research going?

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Key words: Asylum Seekers, Refugees, Review, Italian Research

Decreasing Entropy in Thoughts and Evolution: Main Ability Related to Inside Nature

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Key words: Chaos Theory, Religious God, Time, Decreasing Entropy, Rearranging Thoughts, Evolution

Book Review

The Biological nature of language in the Evolutionary perspectives

Author Pennisi A., Falzone A. Springer Publishing, 2016

Mento Carmela

Assistant Professor of Clinical Psychology , University of Messina, Italy Book Review In search of Soul: the encounter and the return by Floro R. Ed. Moretti & Vitali, 2016. Mento Carmela, Forestieri Flavia, Aceti Tilde

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Book Review

Memory and Anima Mundi. The margins of life and death Author Ferdinando Testa, IOD s.r.l., Napoli 2017

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Supplementum

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Claudia Pignolo, Alessandro Zennaro

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Editorial

The pragmatic practice in Clinical Psychology

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Articles

The executive functions in a sample of Italian adults with ADHD: attention, response inhibition and planning/organization

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The existential suspension of the young-adult in times of liquid modernity. A differential analysis of identity uneasiness in precarious times.

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Key words: Identity, Uneasiness, Careers, Precariousness, Agency

What happened to the clinical approach to case study in psychological research? A clinical psychological analysis of scientific articles in high impact-factor journals

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Key words: case study, impact factor, psychological research, research method

Automatic Deficits can lead to executive deficits in ADHD

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Key words: : Attention deficit hyperactivity disorder, reading disability, executive functions, automatic processing, selective visual attention

Promoting the development of children with disabilities through school inclusion: clinical psychology in supporting teachers in Mozambique

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Key words: Teachers' inclusion beliefs, school inclusion, disability, sustainable development, local culture, health promotion

An exploration of the associations among internet use, depression, anxiety and stress among youths Hatice Odacı, Özkan ÇİKRIKCİ

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Key words: Problematic internet use; depression; anxiety; stress

Study of alexithymia trait based on Big-Five Personality Dimensions Rasoul Heshmati¹, Shahin Azmoodeh²

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Key words: Alexithymia, Big Five personality traits, Emotional dysfunction

Phenomenology of Image and Desire in Adolescent Gender Dysphoria

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Key words: Phenomenology of Image, Mental Image, Rorschach Method, Adolescent Gender Dysphoria, Phenomenology of Desire

A Psychotherapy Perspective: what about on the Process and on the Outcome in a Functional Approach for Clinical and Personality Disorders?

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Key words: Research in Psychotherapy, Functional Psychotherapy, Metacognition, Process, Outcome

Book Review

The need to Think

By Vito Mancuso, Garzanti 2017

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Book Review

The Wind of Words by Ferdinando Testa, Ed. Iod, 2017

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Conclusions

The experience of publication and work of the Mediterranean Journal of Clinical Psychology has led to an increase in the diffusion and scientific production, which is addressed by the university, to local and foreign authors. This implies that the valorization of scientific competences in the field of clinical psychology and of the disciplines related to it, has taken place on the basis of the desire and the commitment of the Editor and the editorial team workers. The desire that the publication and dissemination could be supported by an open access approach, is configured as a possibility for all researchers and health professionals, whose potentialities related to scientific expertise, in the case of this journal, do not clash with publication charges, whether they refer to the publication or to the fruition of published volumes and articles.

Most cited articles in Clinical Psychology

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Abstract

Background: The analysis of the most cited articles represents an important resource for detecting the central themes in the research field.

Aim: This article aims at highlighting the issues examined by the 10 most cited articles under "clinical psychology".

Method: The research was conducted through the Scopus database, including the first 10 most cited articles under "clinical psychology".

Results: The articles selected from the Scopus database under the heading "clinical psychology" are part of an inclusive data range from 2007 to 2017 and include all the articles, including those for payment.

Conclusions: Highlighting the first 10 most cited articles in Scopus under the heading "clinical psychology" can help to understand the most attentive issues in recent years in the field of clinical psychology.

Keywords: Most cited, most cited articles, clinical psychology.

Introduction

The possibility of reflecting on the most cited articles in the field of clinical psychology promises advantages.

First of all, it should be noted how, through this analysis, the central issues in clinical psychology are immediately highlighted, thus offering the opportunity to direct their research on what in the clinical debate assumes greater importance (Garfield, 1987).

We also need to reflect on some critical points of this methodology: a work of this kind, in fact, does not exclude that with the passage of time some articles, only for the simple fact of being older, have become even more cited than others.

Just as we cannot exclude the fact that articles that intend to promote deep technical and methodological innovations will probably need a wider time margin before being able to benefit from a greater number of citations (Picknett & Davis, 1999).

It should also be remembered how often the number of citations increases due to self-citations or to a high number of 'negative citations' (Garfield, 1979).

Finally, it is quite evident that the greatest part of what is mentioned is only contained in the most prestigious journals (Garfield, 1996).

Methods

Search Strategy

A search was conducted within the Scopus database in order to find the 10 most cited articles in the "clinical psychology" area.

Eligibility

On the basis of the "clinical psychology" research area, articles have been selected corresponding to the criteria "Article title, Abstract, Keywords", and published from 2007 to 2017. To the "Document type" entry it has been added the criterion "all", as well as to the "Access type" entry. With reference to the "Subject area", all the criteria were excluded except for the criterion referring to the "Psychology" area. To the further item "Document type" all the criteria except that referred to "Article" have been excluded. No filter was applied to the "Source title", as well as to entries "Keyword", "Affiliation", "Country/territory".

The articles were put in order of number of citation (sort on: highest).

Results

Tab 1. Summary table of classification of articles.

FIRST	TITLE	N° OF CITATIONS	JOURNAL
AUTHOR			
Sue et al.	Racial microaggressions in everyday life:	1073	American psychologist
(2007)	implications for clinical practice.		
Strobl et al. (2009)	An introduction to recursive partitioning:	601	Psychological methods
	rationale, application, and characteristics		
	of classification and regression trees,		
	bagging, and random forests.		
Hatzenbuehler (2009)	How does sexual minority stigma "get	560	Psychological bulletin
	under the skin"? A psychological		
	mediation framework.		
Frischen et al. (2007)	Gaze cueing of attention: visual attention,	559	Psychological bulletin
	social cognition, and individual		
	differences.		
Montero et al. (2007)	A guide for naming research studies in	553	International Journal of
	Psychology.		Clinical and Health
		540	Psychology
Kazdin (2008)	Evidence-based treatment and practice:	549	American psychologist
	new opportunities to bridge clinical research and practice, enhance the		
	knowledge base, and improve patient		
Pavot et al.	care. The satisfaction with life scale and the	431	The Journal of Positive
(2008)	emerging construct of life satisfaction.	7.51	Psychology
Ford et al.	Work and family satisfaction and conflict:	410	Journal of applied
(2007)	a meta-analysis of cross-domain relations.	110	psychology
Bauer et al.	Newcomer adjustment during	391	Journal of applied
(2007)	organizational socialization: a meta-		psychology
	analytic review of antecedents, outcomes,		
	and methods.		
Brewin et al. (2010)	Intrusive images in psychological	350	Psychological review
	disorders: characteristics, neural		
	mechanisms, and treatment implications.		

With reference to the results of the first 10 most cited articles in clinical psychology in Scopus from 2007 to 2017 it was possible to make a conceptual subdivision, providing for a discernment among the issues related to discrimination, methodology, satisfaction, socialization.

Discrimination

Fit in this cathegory are the articles by Sue et al. (2007), Racial microaggressions in everyday life: implications for clinical practice, and by Hatzenbuehler (2009), How

does sexual minority stigma "get under the skin"? A psychological mediation framework.

Sue et al. highlight the fact that those who perform racial aggressions are often unaware of their behavior. Precisely for this reason the authors tend to emphasize the importance of increasing the level of racial self-consciousness, pointing out that this type of phenomenon, present also among mental health professionals, manages to compromise the outcome of therapeutic processes. Finally, it is good to bear in mind that such discrimination can occur not only by taking the skin color as a reference parameter, but also by taking into consideration all those distinctions following a sub-classification linked to gender, sexual orientation and disability.

Hatzenbuehler pointed out, instead, that those who are subject to stigmatization, in this case sexual minorities are forced to bear an excessive load of stress, most often a harbinger of significant psychic complications. This research has highlighted how stress linked to the stigma allows the debut of many psychological problems, such as for example. rumination and emotional disregulation, thus underlining the importance of concentrating scientific efforts in order to find statistical models capable of understanding the actual role played by moderators and mediators within the psychopathological onset of stigmatized subjects.

Methodology

The articles referring to the main theme of methodology are An introduction to recursive partitioning: rationale, application, and characteristics of classification and regression trees, bagging, and random forests by Strobl et al. (2009), A guide for naming research studies in Psychology by Montero et al. (2007), Evidence-based treatment and practice: new opportunities to bridge clinical research and practice, enhance the knowledge base, and improve patient care by Kazdin (2008), Intrusive images in psychological disorders: characteristics, neural mechanisms, and treatment implications by Brewin et al. (2010).

Strobl et al. underline in psychology the need to a methodological confirmation to predict, classify and evaluate a huge amount of data. Among the statistical methods capable of responding adequately to the aforementioned challenge the authors include the causal forests of Breiman. The main advantages offered through the use of this method allow a simultaneous processing of many predictive variables, while keeping their individual effect recognizable.

Montero et al. offer a rigorous conceptual categorization of research methods in the psychological field. The proposed classification system starts from a main tripartite among theoretical studies, quantitative empirical studies and qualitative empirical studies. Through the detailed description of each study, by these authors it is possible to recognize not only the actual differences in macro-distinction, but also the relative differences emerging among classic reviews, meta-analysis, descriptive observational studies, descriptive investigations, experiments, quasi- experiments, ex-post facto studies, individual cases of experimental studies, instrumental studies, ethnography, case studies and action research.

On the contrary, Kazdin insists on the importance of concentrating efforts so that both an interaction and an integration between theory and practice are increasingly obtained. In particular, the author refers to the gap between the evidence-based treatment (EBT) and the evidence-based practice (EBP) and indicates how, in order to obtain satisfactory results in terms of care, it is important to make the clinic research dialogue with clinical practice. The article offers several tips such as, for example, making use of a systematic evaluation for monitoring treatment.

Finally, Brewin et al. focus on the crucial role of intrusive images and memories for the development of numerous psychological disorders, including panic, agoraphobia, depression, bipolar disorder. Making use of a methodology aimed at highlighting the centrality of mental images, the authors hope for a progressive improvement of the therapeutic outcomes.

Satisfaction

Referring to this theme are the following articles by Pavot et al. (2008), The satisfaction with life scale and the emerging construct of life satisfaction, and by Ford et al. (2007), Work and family satisfaction and conflict: a meta-analysis of cross-domain relations.

The first of the two articles highlights the integrations made within the Satisfaction With Life Scale (SWLS, Diener, Emmons, Larsen, & Griffin, 1985), in order to

illustrate the updated potential of the aforementioned scale in the field of psychology of health.

Ford et al., instead, through a meta-analysis study, have highlighted the variables that link work and family satisfaction. Through their study it was possible to consider additional moderators useful for the discernment of the relationships involved between satisfaction, work and family.

Socialization

With reference to the abovementioned theme are the following articles by Frischen et al. (2007), Gaze cueing of attention: visual attention, social cognition, and individual differences, and by Bauer et al. (2007), Newcomer adjustment during organizational socialization: a meta-analytic review of antecedents, outcomes, and methods.

Frischen et al. focus on the importance of gaze in the development of social interactions. The focus is both on an evolutionary perspective, pointing out the fact that the human being is able to very effectively codify the direction of the gaze of others which has led to the development of many higher level social skills, and on the clinical population where this development is compromised (autism in particular). The authors also note how the continuous progress of social psychology and social neuroscience can contribute to an effective improvement in the understanding of developmental disorders.

Finally, Bauer et al., through a meta-analytic review, have highlighted the limitations of many researches focused on the insertion and adaptation processes of newcomers in the workplace. Furthermore, they pointed out that the clarity of the role to play, self-efficacy and social acceptance have a major influence on the performance of newcomers and their processes of organizational socialization.

Discussion

This article arises from the will to understand, as far as possible, what factors can be used to determine a high number of citations. By adopting a method of conceptual subdivision, it has been possible to concentrate the issues detailed by the various authors. In fact, the hypothesis that between 2007 and 2017 issues of discrimination, methodology, satisfaction, and socialization have assumed crucial importance.

It is no coincidence that a topic such as discrimination has proved to be inaccurate for several years, not only in the clinical setting, but also in the public debate (National Research Council, 2004).

In the same way, there is a constant need to make use of increasingly avant-garde methods, in order to analyze more precisely the phenomena that, thanks to progress in science, we can more easily recognize as complex (Morin, 1992).

Moreover, given to the impact that depression is having on world population, it is quite clear that the concept of life satisfaction is dominant in clinical psychology (Headey et al. 1993).

Finally, particular importance is clearly assigned to the role played by social skills and socialization processes, considered here both in their evolutionary dimension (Frischen et al., 2007), and for their value in the professional field (Bauer et al., 2007).

Despite the assumed centrality of these issues compared to the others, it is also necessary to highlight the fact that the warnings mentioned in the introduction cannot be contradicted by the work done. Indeed, the research in Scopus on the 10 most cited articles in clinical psychology has pointed out the fact that more than one journal appears more than once in our table; and this may make us assume how much the prestige of the same journals could have influenced the number of citations of the articles in question.

Conclusion

The current research has allowed a reflection on the main issues that appeared on the examined articles. However, without prejudice to the usefulness related to the research of the most cited articles, it is not possible to establish whether this criterion can permit to lead back to those issues that, in the specific field, turn out to be the most considered ones. Knowing what the most cited articles in the clinical psychology are can certainly help us to understand what questions are involved in many researches of clinical psychology, but are we really sure that this is enough to understand all the real reasons that underlie the result of the citations?

The hope is to create a debate within which the reasons that lead one article to be more cited than another can be opened.

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Scientific Journals and Social Networks:

Altmetric Revolution?

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Also Scientific Research has become social. The United Kingdom's Altmetric, an online analysis agency published by BMC Medicine, has compiled a list of the 100 most shared academic research on social media this year. The authors of the rankings have stated that their tools are based on the number of likes on Facebook and the share on Google+ that refer directly to the article, thus excluding news and popular articles which resume the study. The company claims that this can help researchers to "demonstrate that the impact of their studies, books and data collections goes beyond simple quotations" (see figure 1).



Figure 1: the badge to view the full details page for each research output.

The list consists of a mix of different scientific studies. There are those on subjects with a high media impact (for example from the poisoning of Fukushima fish following the nuclear disaster, to brain-brain interfaces, to the discoveries of ancient human fossil finds). Then those of science and wellness (the cardiovascular benefits of the Mediterranean diet, the role of physical exercise in premature mortality) and curiosities (studies on sudoku, on chicken nuggets, on the universality of the word "huh"). To conclude with those researches that seem to be made for social sharing (the use of Facebook suggests a decline in well-being, poverty affects cognitive functions).

Even the most popular articles according to Altmetric's calculations have been shared about 2,000 times on social media. The one on Fukushima, which is in first place, has been tweeted only 8,300 times, a number that pales even compared to the less popular news on the internet. The impact of a publication in a scientific journal by tradition is measured by the number of times it is mentioned in other articles referred to as H-index. Those concerning a fundamental discovery can be measured with respect to the tangible effect they have had in medicine or research policies, but also with respect to what has influenced the scientific beliefs considered to be commonly valid.

The impact of the news can be measured more or less the same way-a politician was forced to resign, a case of corruption was made public, they fostered greater awareness on a given topic. These principles are still important for prestige: the most important articles are read by a lot of people, but the awards and the media impact are often worth little when it comes to profits. Can it be the same for scientific journals? There is evidence that the entire industry is beginning to rely more and more on social media to circulate research. In October, the British Medical Journal (BMJ), one of the most important medical journals in the world, announced that from now on it will put Altmetric's information alongside each article published online.

"Following the growing erudite use of Twitter, Facebook and Mendeley, it is necessary to analyze the influence of culture on the social web by creating new filters," said Claire Bower, manager of the digital communications sector on the website. "As an author, you can measure the impact of your search on the internet, while as a reader, you have a quick and intuitive tool to see which articles receive the most attention." Of course, not all viral articles are actually well documented, important or truthful. But when something catches the attention of social media, there is often nothing and no one that can hinder its popularity. Articles published in scientific journals, on the other hand, are often not easy to share online. They are generally too long and difficult to understand for those not in the industry. It is not clear whether there will ever be a truly viral scientific article, or if the privilege will remain in the hands of the news that resumes that same study.

In any case, it is something that Altmetric is working on and that many scientific journals are already considering. This month, Nature journal announced that it has started a collaboration with / r / science on Reddit, to discuss their articles on the subreddit forums. Reddit has had a great influence on sharing the contents of scientific journals on social networks, because the managers want users to put the links directly to the article-or at least to the news that they mention directly.

To John Bohannon, Science's reporter and author of a stinging article on how easy it is to publish a bogus study in open-access journals, he was asked whether social media have the power to change the way scientists and scientific journals work. . "The answer is a gigantic YES, and it's already happening," said Bohannon. "As a science reporter I can say that editors spend much of their time checking social media. The simple fact that an article or a publication gets a lot of attention on social media is enough for it to be taken over by press agencies. It's a really useful way to measure public interest. "

But, as I said before, the news of new scientific discoveries spread through the articles that speak indirectly of those discoveries, not thanks to the publication of academic studies. Jean Liu, data manager for Altmetric, says the company is working to broaden its "score" to include articles that mention a specific study.

"When someone quotes a news item from a studio, we call it a second-degree quote." At the moment, Altmetric only counts direct references to the article in the journal, "says Liu. "For us it is impossible - for now - to collect all possible second-degree citations, but it is certainly something we are working on."

It remains to be seen whether, as many media already do, scientific journals will begin to evaluate the success of their articles based on how much the public reads them. Unlike most news sites, many minor academic journals are not financed by advertising. But the most important journals like Science, Nature and Cell are all right. Moreover, it can only be an advantage if your studio is the most popular of the moment. Who knows if the social media like Altmetric will convince the major journals to publish articles that enhance the style instead of the substance.

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Open Science for a shared and collaborative knowledge

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« Open Science is just good science! » Jon Tennant (1)

Introduction

The conventional model of "Scholarly communication", based on the publication in "tall access" journals and by preference in high-Impact Factor journals, has distorted over time, if not betrayed, its original vocation, that is to "communicate" science.

The year 1665 is often cited, being the year of birth of the Journal des Sçavans in France and of Philosophical Transactions in England, published by Henry Oldenburg to present advances in scientific research to members of the Royal Society. It is the founding date of the first scientific journals and marks the starting point of the privileged circuit for sharing scientific knowledge and encouraging the so-called "Great Conversation" (2) of science. This debate among scientists should be the true essence and the raison d'être of Scholarly Communication.

Since then, unfortunately, academic publishing has turned into a real business, "the most profitable obsolete technology in history" (3), dominated by the "Big Five", a cartel of the five publishing groups (Reed Elsevier, Wiley- Blackwell, Springer, Taylor & Francis, Sage) which rank in the highest positions in the international scientific publishing market, both in terms of profit margins (38% of Reed Elsevier's net profit), and the number of articles published every year, with a price spiral in subscription costs that peaked at 402% for the period 1986-2011 (4) (5).

Economic barriers are only one of the obstacles that restrict access to research findings. Paradoxically, although huge economic investments are made by the

institutions to enable the academic community to do research, much of the scientific literature is actually inaccessible. Jon Tennant remarks: "we spend 1/3 of the total global research budget (\pounds 59/175bn) in publishing and communicating results that 99% of people cannot access" (6).

Everything originates from the paradox underlying the conventional paradigm of scholarly communication. It is common knowledge that academic institutions bear the cost of research while authors give away for free to publishers their contents and their exclusive rights in order to publish in prestigious journals and boost their reputation and career. Universities can access these journals only if subscribed, meanwhile, authors, once again, provide, free of charge, their expertise to Editorial Boards as referees in peer-reviewing processes, value-added services that assure the quality of journals and that are reflected in the cost of subscriptions. Ultimately, the universities pay for research three, even four times over.

It must also be said that under the pressure of the strict "Publish or Perish" law and of evaluation systems, authors are encouraged to publish more and to choose leading impact factor journals for publication, thereby consolidating the oligopolistic structure of the scientific publishing market as well as also fostering a more artificial and competitive science, one that is less attentive to the scientific quality of results (7). This risk has also been highlighted by the Declaration on Research Assessment (DORA), (8) launched and promoted in San Francisco in 2012 by the American Society for Cell Biology and signed by more than 450 associations and over thirteen thousand academics. The DORA Declaration reminds all the actors involved in research evaluation processes that: "it is imperative thus that scientific output is measured accurately and evaluated wisely" and also recommends open and transparent practices in research assessment: "do not use journal-based metrics, such as Journal Impact Factors, as a surrogate measure of the quality of individual research articles, to assess an individual scientist's contributions, or in hiring, promotion, or funding decisions."

Open Science, as well as Open Access, an indispensable part of it, both aim to ensure the integrity of science and of the scientific knowledge publicly available on the web, as well as transparency and reproducibility thanks to the techniques of content extraction (text and data mining). The aim is "re-establishing the Great Conversation", because Open Science is collaborative, inclusive, sustainable and transparent.

"What is Open Science?", asks Jeff Rouder on Twitter: "Open Science is endeavor to preserve the right of others" (9).

The cornerstone of Open Access is to create an alternative channel to the

traditional scholarly communication model in order to ensure open, immediate and free access to the outputs of publicly funded research results without restrictions. Instead, Open Science concerns the entire research process and all the actors involved in it. Doing Open Science means, in fact, making accessible and sharing every single step in the research cycle, from data to protocols, from software to results, through collaborative writing platforms, open pre-print archives, open peer-review process.

Open Science proposes, therefore, a new approach, a change of paradigm in the way both research and science are produced and organized. As explained by Carlos Moedas in the opening speech to the 2015 two–day meeting held in in Brussels "Opening up to an ERA of Innovation": "Open Science describes the on-going transitions in how: research is performed, researchers collaborate, knowledge is shared, and science is organized. It represents a systemic change in the modus operandi of science and research. It affects the whole research cycle and its stakeholders, enhances science by facilitating more transparency, openness, networking, collaboration, and refocuses science from a 'publish or perish' perspective to a knowledge-sharing perspective. "(10)

The two routes to Open Access: the GOLD ROAD and the GREEN ROAD

While Europe has already taken its path towards innovation, setting the stage for the implementation of the European Open Science Cloud (EOSC)(11), i.e. the new powerful tool to improve Open Science and to share research data in Europe, Italian universities, albeit somewhat delayed, are still committed to fully implementing the two open access complementary strategies. These are the Gold Road and the Green Road that the Budapest Open Access Declaration (BOAI) recommended for the first time in 2002 (12).

The GOLD Road intends to launch a new generation of open access journals (the Directory of Open Access Journals (DOAJ) indexes 11,650 journals as of June 22, 2018.)

Open Access journals usually publish under Creative Commons licenses and in machine readable formats in order to allow text and data mining; they often publish research data together with the articles, guaranteeing more transparency, and allow authors to retain copyright. In most cases, Open access journals do not require payment of APCs (Article Processing Charges), which are particularly high in the OA hybrid model (a very expensive option offered to authors allowing them to publish open access articles in subscription-based journals). This hybrid model could also become "a black strategy" in the presence of predatory publishers. It is important to note that in a recent working paper, the European Commission's new funding programme aimed at the implementation of Open Science, Horizon Europe, proposes that "publication costs will only be eligible for purely open access journals, i.e. not for publishing in hybrid journals, and depositing a pre-print will satisfy the open access mandate obligations"(13).

Although being listed on the DOAJ is in itself an indicator of the quality of an academic journal, authors can also use the "Think, Check, Submit" (14) or the "Open Access Scholarly Publishers Association" website (OASPA) when selecting which journal to publish in(15).

Beyond the more traditional models of open access publishing, the various initiatives that offer innovative forms of open access publishing is nowadays a variegated panorama: ranging from mega-journals (one example being PLOS One), (16) to Overlay Journals that collect, in order also to encourage debate within the target community, articles of the same discipline deposited in open archives (e.g. the Telematic Bulletin of Political Philosophy in Italy) (17), eLife (18) or PeerJ (19) or other open access publishing platforms such as The Winnover, a platform that "encourages debate" (20) and which publishes not only the final drafts but also ideas and discussions and uses open post-publication peer-review, or F1000 Research (21) which publishes preprints and which also gives full transparency to reviewers' comments.

The Green Road is the practice of self-archiving the final manuscript accepted for publication or the publisher's final version, if allowed, of a paper already published in commercial scientific journals in institutional or disciplinary Open Access Repositories. The benefits are tangible: authors can publish their papers in their journals of choice but metadata are immediately accessible, the full text will be available in accordance with the copyright policies of publishers and with the expected embargo times, without prejudice to the obligations deriving from Open Access Policies of the organizations that finance research (22) and of the institutional policies adopted by the universities.

In most cases these policies, approved by the academic bodies, impose an obligation to deposit scientific articles immediately after publication or acceptance by the journal, also setting limits on the time period within which the scientific products will be returned and available on open access. In 2014, at the Decennial Conference of the Messina Declaration, Italian universities signed the 2014-2018 Road Map, pledging to adopt institutional policies to support the green road (23).

In terms of policies for storing research data that researchers produce during their

research workflow, in Italy the Open Science Support Group (IOSSG) (created with the aim of promoting the development of Open Science and the European Open Science Cloud) has recently developed a Policy template for the management of research data that is to serve as a basic model for Italian universities wishing to adopt a policy on research data (24).

As regards disciplinary archives, there is a growing number of open pre-print archives, thereby ensuring maximum speed of dissemination for research results and enabling the reference community to comment thereon. The ArXiv open archive for physics, implemented in 1991, has recently been joined by other disciplinary preprint open archives in the areas of Biology, Psychology, Agricultural Science, Social Sciences (25).

The gold road and the experience of Messina with MJCP

MJCP is one of the eleven open access journals hosted on the Messina Open Journals platform (26). It was established in 2010 and is managed in house by the University Library System (SBA). At May 2018, O.J.M. hosted 11 active and 3 start-up journals, with a total of 1869 published articles and implemented a journal management and publishing system with Open Journal Systems (OJS). This was developed by the Public Knowledge Project through its federally funded efforts to expand and improve access to research (27). In fact, the SBA has been providing consultancy and technical support for the launch of publishing initiatives in digital format and open access which are managed or have an editorial board by staff of the University of Messina.

Although launched in 2013, the hard-won "goals" achieved over its five years of activity, are mainly attributable to compliance with a series of requirements, including timely publication and adoption of the ethical code. However, other aspects should not be ignored, namely the enthusiasm and team spirit with which the challenges brought by the initiative have been faced.

Today, the MJCP, issued four-monthly, already boasts a considerable number of articles published (219) by 273 authors, 206 of them Italians.

Notable achievements include the acceptance of MJCP into DOAJ (28), the International Directory of Open Access Scientific Journals within a very short time, and its inclusion in 2015 among the "Class A - Area 11 scientific journals" by the National Agency for Evaluation of Universities and Research (ANVUR).

In 2016, at the end of a long evaluation process, the journal was indexed, from 2017 onward, in the Emerging Sources Citation Index (ESCI) (29), an extension of

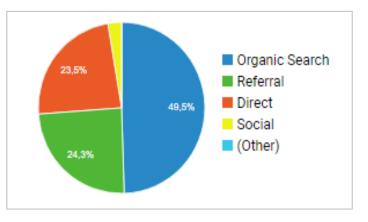
the citation Web of Science Core Collection database and a preliminary step for inclusion in the Web of Science. A similar process has ensured that the journal has been indexed, again from 2017, into SCOPUS (30), the citation database owned by Elsevier.

While the indexation on citation databases and the DOAJ has had a significant impact on the dissemination of the journal and its scientific content, the compliance of the O.J.S. platform with the OAI-PMH protocol (31) ensures that metadata can be traced by search engines. Its importance is reflected in the data emerging from an analysis of the views and downloads of articles published on the platform and extracted with the plugin "Stats & Reports" by O.J.S. which makes it possible to aggregate data on the origin of accesses and downloads, also in the COUNTER format (32).

From the data provided by Google Analytics for 2017, verified by an autonomous analysis conducted on the log files of the server hosting the OJM platform, it

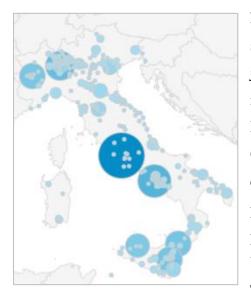
emerged that 7,560 users have visited MJCP and have viewed 38,986 pages during the 10,361 work sessions commenced.

Thanks to Google Analytics, starting from the IP addresses of users,



it was possible to trace the "digital provenance" of visitors to MJCP. In our case, the information deemed useful concerned both the origin of the accesses in a strictly geographical sense, in order to create a map of the visits received by MJCP, and the behavior of users during navigation. For the latter, it was possible to know the different paths used by users to reach MJCP illustrated in the pie chart as follows : searches on general engines like Google, Yahoo! or Bing, are labelled as "Organic Search"; access via link placed on other web pagesare labelled "Referral"; and lastly, "Direct" refers to direct access from the journal address of the entered directly on the browser or from favorites or browser history. The 23.5% of direct accesses emerging from the analysis can, in our opinion, be interpreted as a measure of user fidelity in the journal, one which suggests frequent and deliberate visits.

As regards "geographic origin", it is surprising that only 25.42% of accesses are from 'Italy despite the MJCP being a journal of the Italian scientific community of clinical psychology, the only one that publishes open access and characterized by a

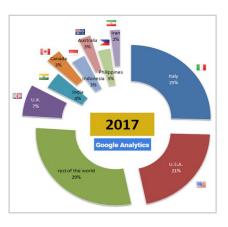


high percentage of Italian authors. Even more surprising, considering the headquarters of the journal, is to find Rome ranked first for number of visits, followed by Naples and Milan.

Open access to scientific contributions and the choice of adopting English as the language of publication can be traced instead to the percentage of 21.42% of accesses from the United States reported by Google Analytics. This data makes it possible to affirm, with

reasonable certainty, the wide diffusion of the journal abroad and, consequently, the exposure in international contexts of the results of the research conducted by the Italian community, thus ensuring the broad "dissemination" of scientific knowledge, which Open Access pursues to guarantee a model of academic communication based on maximum dissemination and allowing re-use of the results obtained.

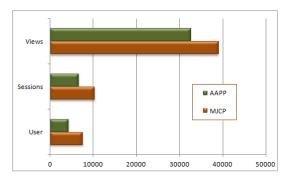
As regards the figures provided by the survey conducted by Google Analytics, this raised the problem of how to evaluate the actual spread of such a high number pages viewed: 38,986. The comparative method was considered suitable and used to compare the views obtained by MJCP with those of another academic journal edited by the University with similar characteristics (i.e. an open access digital



journal hosted on the platform "Open Journals Messina" and indexed by the same citations and by DOAJ).

The choice made was AAPP (33), online since 2005. However, investigation was restricted to the accesses received by the twojournals in 2017. The results confirmed, in our opinion, the relevance of the MJCP usage data : 4,303 users visited the AAPP site in 2017, compared to 7,560 for MJCP; 6,616 AAPP work sessions compared to 10,361 MJCP; 32.565 pages were viewed in AAPP compared to 38,986 for MNCP. The data therefore seem to confirm the impression that the MJCP has successfully reached its milestones. The reasons behind the journal's success could be due to the fact that it has a scientific community with a more specific disciplinary background than the AAPP. Its focus is therefore probably

more cohesive, and has thus become the prime journal in this field at national level.

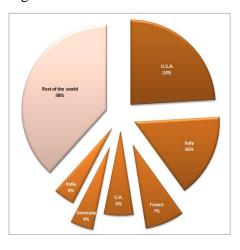


Indexing on the DOAJ Directory and on the citations databases, while also applicable to AAPP, will certainly have further accelerated its success.

However, other highly significant data emerge from the comparison between the two journals if we consider the data for

the articles downloaded via the OJS plugin. hese data highlight not only the exponential growth of the articles downloaded in numerical terms, but also yielded unexpected results regarding the geographical origin of users.

In strictly numerical terms, what could be considered a normal and constant growth in article downloads - going from 4,272 in 2014 to 8,093 in 2016, became a real explosion in 2017 with 19,335 downloads, well over double the 8,093 for 2016. The data is even more surprising when compared to the 12,074 article downloads recorded by the same plugin for AAPP in the same year.



Once again the United States ranked top with 4,647 downloads (24%) compared to Italy (16%), which also had a high percentage of accesses to the journal.

The green road and the institutional archive of the "IRIS" University

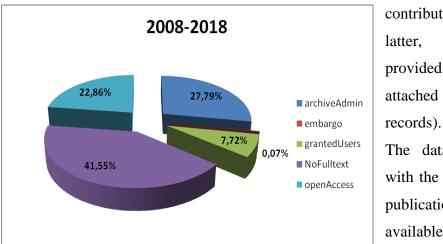
In 2015 the University of Messina implemented "IRIS", CRIS (Current Research Information System) of the CINECA in order to facilitate the quality assessment procedures of scientific research (VQR) and the self-archiving of research products (34).

IRIS thanks to its compliance with the OAI-PMH protocol and its guaranteed interoperability of data, is already an archive of the University's scientific production. Moreover, with the adoption of the Open Access policy, it will become the institutional Open Archive of the University of Messina.

OA will make it possible to apply the well-known formula ID/OA, or "Immediate Deposit/Optional Access", within the IRIS Archive. Currently, publication metadata is available by open access immediately after the submission of scientific contributions to the platform. Full text, temporarily closed by default, will be

available on open access only after approval of the OA policy and in compliance with the embargo times stipulated by editorial policies. It is the University's intention to make modules for the self-archiving of research data available to the academic community in the course of the year 2018. These include: projects, awards, the curriculum vitae of teaching staff, laboratories, equipment, research groups, library assets, mobility and third mission.

Experience has shown that depositing research products into an Institutional Archive takes place mainly due to evaluation procedures, both external and internal (VQR, SUA-RD, ASN), and the increase in deposits occurs for all evaluation procedures.



There are 43,264 records currently on IRIS, of which 19,057 relate to journal

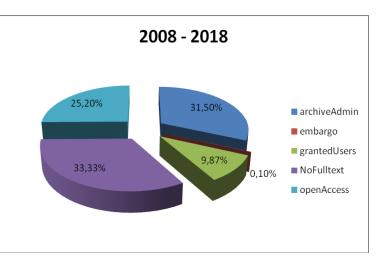
contributions. Of the latter, 66.67% are provided with full text attached (14.972 records).

The data on deposits, with the high number of publications already available in full text, are

undoubtedly encouraging. The figure seems to demonstrate the effectiveness of the organizational and communication strategy adopted by the recent VQR. A more indepth analysis of the attachments present cannot exclude, however, continued underlying uncertainty by authors regarding the choice of the type of license to be indicated on the platform. Those declared are interesting: 25.20% of the records are open access (5,658); 31.50% accessible only to system administrators (7,074);

9.87% accessible to registered IRIS users (2.217); 0.10% with an embargo (23).

The same confusion also seems to emerge for the indications of access options to the full text for which the University has decided to adopt a



prudent line of inaccessibility by default pending the validation of the products. A

concomitant factor seemingly influencing the increase in deposits of journal papers was the inclusion in the platform of the widget to link to the international Sherpa Romeo database (35). The latter allows real-time verification of publishers' open access policies.

Finally, the percentage of 31.50% of publications made accessible only to administrators may be due to the diffidence of the authors to open their scientific production to the world community, probably for fear of copyright infringement, but also due to the lack of information on both the advantages of open access and the negative effects of inaccessibility of their output.

The high numbers regarding access to bibliographic data suggests there is considerable potential to increase accesses if the full text were available on open access.

The reports generated show, in fact, that IRIS receives visits from all over the world; mainly Europe (96,879) and the U.S.A. (28,867). More detailed analysis of the data on accesses coming from Europe shows 56.17% not coming from Italy;



this significant figure demonstrating the full potential of open access. It is testimony as to how depositing full texts in the institutional archive can affect the dissemination of research results and the

prestige of the institutions. Open access availability of research articles filed in IRIS, even if published in journals that are not open access, and therefore inaccessible in the absence of subscription, would make it possible to find them through tools such as Unpaywall, oaDOI or Open Access Button, which search the web and legally make available open versions filed by authors.

These tools include an versatile title matching function, using an algorithm that compares titles beyond differences in spacing and punctuation, or different titles shown in the various versions of the manuscripts. According to the official Unpaywall FAQs, its search engine finds full text for 47% of the articles. The success rate varies depending on the date and the topic of the article. In order to enhance the scientific research conducted by the University of Messina and to increase its visibility and scientific impact in terms of citations, the University Library System and the Scientific Research Organizational Unit have already prepared the policy text for the publication of manuscripts on IRIS and, to ensure rapid and effective application, the workflow for the validation processes of metadata and research products has also been designed and the creation of an crossdepartmental team is envisaged that, in addition to validation activities, will provide technical support to authors in filing procedures.

Hence, deposit in the institutional archive with the dissemination that follows can contribute to the recognition by the world scientific community of the contribution of the researcher to a specific field, perhaps achieving worldwide status. This motivation can also be extended to academics and researchers belonging to non-bibliometric sectors, since the evaluation indicators are currently only quantitative and only consider scientific contributions that have ISBNs or are published in scientific journals or ANVUR-rated class A journals.

This can be further extended to include doctoral theses produced by the University and for which an open access deposit is required in the IRIS Institutional Archive from 2017 (XXIX cycle). In fact, the 152 theses deposited in just under a year, have received visits from all over the world, with over 5,000 downloads.

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