CARDIO-ONCOLOGY

Sodium–glucose cotransporter 2 inhibitors and the cancer patient: from diabetes to cardioprotection and beyond

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Abstract

Sodium–glucose cotransporter 2 inhibitors (SGLT2i), a new drug class initially designed and approved for treatment of diabetes mellitus, have been shown to exert pleiotropic metabolic and direct cardioprotective and nephroprotective efects that extend beyond their glucose-lowering action. These properties prompted their use in two frequently intertwined conditions, heart failure and chronic kidney disease. Their unique mechanism of action makes SGLT2i an attractive option also to lower the rate of cardiac events and improve overall survival of oncological patients with preexisting cardiovascular risk and/or candidate to receive cardiotoxic therapies. This review will cover biological foundations and clinical evidence for SGLT2i modulating myocardial function and metabolism, with a focus on their possible use as cardioprotective agents in the cardio-oncology settings. Furthermore, we will explore recently emerged SGLT2i efects on hematopoiesis and immune system, carrying the potential of attenuating tumor growth and chemotherapy-induced cytopenias.

Keywords Sodium–glucose cotransporter 2 inhibitors · Cardio-oncology · Cardioprotection · Heart failure · Cancer patients

Introduction

Sodium‐glucose cotransporter 2 inhibitors (SGLT2i) represent a class of antidiabetic medications with a unique story. Initially approved for the treatment of type 2 diabetes mellitus, thanks to their glycosuric action, subsequently showed cardioprotective and nephroprotective efects that made them one of the most innovative drugs in cardiology and nephrology over the last decades [[20](#page-15-0), [164](#page-21-0)].

SGLT2i reduce serum glucose by inhibiting renal tubular glucose reabsorption, thus promoting urinary glucose excretion [[143\]](#page-20-0). Two types of sodium‐glucose cotransporters are present in the nephron, mainly located in the S2 and S3 segments of the proximal tubule, reabsorbing the majority of fltrated urinary glucose [\[155\]](#page-21-1). By inhibiting SGLT2, these drugs impair glucose reabsorption in the proximal tubule, determining a reduction of the renal threshold of glycosuria. Canaglifozin, dapaglifozin and empaglifozin are representatives of SGLT2i, also known as glifozins [\[97\]](#page-18-0).

An important hemodynamic effect of gliflozins is related to blood pressure reduction, through tubulo-glomerular feedback stimulation reversal, glycosuria and natriuresis. Moreover, SGLT2i may improve blood pressure control by inhibiting the sympathetic nervous system [[100\]](#page-18-1). Of importance, SGLT2i promote weight loss and lipid metabolism shift, inducing visceral fat reduction, as well as increased lipolysis [[72](#page-17-0), [133](#page-20-1)]. The ramifcations of SGLT2 inhibition in lipid metabolism also enable to understand their atheroprotective efect [[8,](#page-14-0) [133\]](#page-20-1). In this context, an emerging property of glifozins is related to their anti-infammatory action, causing the attenuation of interleukin (IL)-6, tumor necrosis factor (TNF), interferon (IFN)-γ, NF-κβ, toll-like receptor (TLR)-4 and transforming growth factor (TGF)-β [\[17,](#page-15-1) [74](#page-17-1)]. Both in vitro and in vivo models showed that glifozins may limit infammation, targeting a wide array of pathways that play a pivotal role in the development of atherosclerosis [[107](#page-19-0), [128\]](#page-19-1).

In 2015, the EMPA-REG OUTCOME trial was the frst study to focus on the cardiovascular outcomes related to treatment with SGLT2i. In 7020 patients with type 2 diabetes mellitus and high cardiovascular risk, randomized to empaglifozin or placebo and evaluated at a median follow-up of 3.1 years, a reduction in heart failure (HF) hospitalization, cardiovascular death and mortality was observed in the empaglifozin arm compared to placebo [[13\]](#page-14-1). These promising results laid the groundwork for successful trials with SGLT2i also in HF patients with either reduced or preserved ejection fraction (HFrEF and HFpEF, respectively) [\[6,](#page-14-2) [91](#page-18-2), [130\]](#page-20-2), afterwards confrmed by several meta-analyses [[19,](#page-15-2) [162\]](#page-21-2). Overall, available evidences made SGLT2i one of the "four pillars" of HFrEF treatment **Fig. 1** Role of sodium glucose cotransporter 2 (SGLT2) inhibitors across the spectrum of cardiotoxicity, solid tumors and hematologic malignancies

and the frst recommended medication in HF with mildlyreduced ejection fraction (HFmrEF) and HFpEF, according to most recent updates of guidelines [\[89,](#page-17-2) [90](#page-18-3)].

Growing data also introduced the possibility of adding SGLT2i to the pharmacological armamentarium of cardiovascular disease prevention [\[33](#page-15-3)] or treatment of subclinical cardiac dysfunction, including those cases observed in cancer patients exposed to potentially-cardiotoxic agents [\[21](#page-15-4), [95](#page-18-4)]. At the same time, preclinical data suggested a role of SGLT2i in preventing cancer progression and mitigating cytopenia induced by chemotherapy [\[95](#page-18-4)].

This review will, therefore, focus on the role of SGLT2i as modulators of the cardiovascular system, with special emphasis being paid to myocardial function and metabolism pathways. The biological rationale and clinical evidence for bringing SGLT2i at the center of the Cardio-Oncology stage will be presented (Fig. [1\)](#page-2-0). We will also shed light on possible research directions and their implications in cancer patients' management.

Mechanisms of cardiac protection in cancer patients through SGLT2 inhibition

In preclinical models, SGLT2i have consistently shown to exert direct beneficial effects on the cardiac tissue, especially in the setting of chronic conditions such as HF. These efects refect SGLT2i modulation of pro-infammatory and oxidative stress processes, ion transport, myocardial sodium and

calcium homeostasis, as well as metabolic/mitochondrial pathways, such as ketone bodies production [[25,](#page-15-5) [96,](#page-18-5) [120,](#page-19-2) [164\]](#page-21-0). Given that these processes are also supposed to be involved in chemotherapy-associated cardiac injury, there is growing interest in the potential role played by SGLT2i in the feld of Cardio-Oncology [\[31](#page-15-6)].

Biological basis of SGLT2i protection against anthracycline‑induced cardiotoxicity

Anthracyclines represent the backbone treatment for several solid and hematological malignancies and are associated with potential dose-dependent cardiotoxic effects, eventually leading to the development of subclinical left ventricular dysfunction, overt HF and malignant arrhythmias [[125](#page-19-3)]. There is a plethora of mechanisms involved in anthracycline-induced cardiotoxicity, among others (i) regulation of macrophage phenotype expression; (ii) generation of highly reactive oxygen species (ROS) inducing membrane lipid peroxidation and causing a direct damage to cardiac myocytes [[52–](#page-16-0)[54\]](#page-16-1); (iii) inhibition of cardiac topoisomerase II β , leading to transcriptome changes, mitochondrial dysfunction and apoptosis [[56](#page-16-2), [116,](#page-19-4) [126](#page-19-5), [134](#page-20-3), [135,](#page-20-4) [137](#page-20-5), [159](#page-21-3)]; (iv) downregulation of ferroptosis. Main mechanisms of anthracycline induced cardiotoxicity are sketched in Fig. [2.](#page-3-0)

Fig. 2 Molecular mechanisms of anthracycline-induced cardiomyocyte death. Anthracyclines, in particular doxorubicin, treatment initiates multiple pathways including upregulation of death receptors, calcium overload, disruption in iron homeostasis with lipid peroxidation, generation of ROS with fnal DNA damage and cell death. *AMPK* 5ʹ

adenosine monophosphate-activated protein kinase, *DNA* deoxyribonucleic acid, *Fe2+* iron, *GLC* glucose, *MyD88* Myeloid diferentiation primary response 88, *IL-1β R* Interleukin-1 beta receptor, *NF-kB* Nuclear factor kappa-light-chain-enhancer of activated B cells, *ROS* reactive oxygen species, *TLR* toll-like receptor

Regulation of macrophage phenotype expression

Macrophages are important actors of immune response, being involved in both activation and resolution of the infammatory process, and in tissue repair through fbrosis [[64](#page-16-3)]. In brief, the diferent roles played by macrophages are explained by their phenotype expression, with M1 and M2 macrophages exerting, respectively, induction and resolution of infammation [\[85\]](#page-17-3).

M2 macrophages have been shown to infuence postmyocardial infarction remodeling in mice models through the action of IL-13, which modulates monocyte infltration in the wounded cardiac tissue and their polarization [[55](#page-16-4)]. M2 macrophages contribute to the control of the infammatory process through several actions; in particular, M2a macrophages are associated with arginase production, which is believed to determine collagen deposition and fbrosis development. On the other hand, M2c macrophages, preferentially activated by SGLT2i, are believed to favor IL-10 expression, a suppressor cytokine that promotes the resolution of the fbrotic process [[76](#page-17-4)]. It was in keeping with these notions that four weeks treatment with SGLT2i promoted cardiac repair and reduced pathological remodeling in a rat model of myocardial infarction [[76](#page-17-4)].

SGLT2i also attenuated cardiac fbrosis via regulating the signal transducer and transcription activator STAT3 dependent pathway, consequently reducing infltration of myofbroblast and collagen accumulation [[76](#page-17-4)]. At the same time, empaglifozin limited cardiac fbrosis by inhibiting the NADPH-oxidase activity following ischemic injury [[79](#page-17-5)].

Although multiple studies investigated the effects of SGLT2i on macrophages and fibrosis, our understanding of the precise role of cardiac macrophages in doxorubicin-induced cardiotoxicity is still limited. The imbalance between macrophage phenotypes and their infltration in the myocardium seems to be involved also in anthracyclineinduced myocardial injury [[39\]](#page-15-7). Studies in mouse models suggest that acute doxorubicin treatment increases M1 macrophage population, while suppressing the M2 counterpart [[15](#page-15-8), [73](#page-17-6)]. Moreover, studies of an IL-12p35-KO mouse mode showed that IL-12 and IL-35 deficiency exacerbated doxorubicin-induced myocardial injury through promotion of M1 macrophage diferentiation, increase of pro-infammatory cytokines and reduction of M2 macrophage-related anti-infammatory cytokines [[157](#page-21-4)]. Other studies demonstrated that IL-22 is a critical regulator of macrophage differentiation in response to cardiac injury [\[158](#page-21-5)], while IL-22 deficiency reverses doxorubicin-induced cardiac imbalance of M1 versus M2 macrophages, increasing the M2 population. This efect was associated with reduced cardiomyocyte vacuolization and apoptosis, with concomitant improvement of global cardiac function [[158](#page-21-5)].

*Modulation of cardiomyocyte Ca²***⁺***/Na***⁺** *homeostasis and downregulation of infammasome*

The infammasome is a multiprotein complex that plays a role in the activation and perpetuation of the infammatory process, with nucleotide-binding oligomerization domain (NOD)-like receptor pyrin domain containing protein 3 (NLRP3) being a critical component of the innate immune system. This mediates caspase-1 activation and the secretion of proinfammatory cytokines in response to microbial infection and cellular damage [\[61](#page-16-5)]. The infammasome, in order to exert its function, needs to be activated through three stimulus events: ionic fux, ROS and/or organelle damage.

Indeed, multiple studies investigated the role of the infammasome in myocardial injury and its interaction with glifozins. In acute myocardial infarction, the activation of NLRP3 infammasome is critical, as shown by the reduced extension of infarct size in Nlrp3−/− mice [\[61](#page-16-5), [93\]](#page-18-6), although its role in the ischemia–reperfusion (I/R) damage is still controversial [[58](#page-16-6), [123](#page-19-6)]. In mice models of HF, empaglifozin blunts the decline in cardiac function, also reducing NLRP3 infammasome activation and IL1β secretion [[66](#page-16-7)]. Likewise, empaglifozin attenuates macrophagic NLRP3 infammasome activation in patients with type 2 diabetes [[68\]](#page-17-7). As well, a series of reports showed that empaglifozin positively regulates cardiomyocyte homeostasis and infammasome activity. Of note, in preclinical studies, SGLT2i inhibited the Na⁺/ H+ exchanger, leading to lower cytosolic concentration of $Na⁺$ and $Ca²⁺$ in cardiomyocytes [\[14](#page-14-3), [141\]](#page-20-6). In diabetic rats, empaglifozin exerts a potential anti-diabetic efect through prevention of Ca^{2+}/Na^{+} dysregulation in cardiomyocytes and decrease in ROS, leading to improved cardiac function, attenuation of ventricular hypertrophy and correction of pro-longed QT interval [\[75\]](#page-17-8).

In the Cardio-Oncology feld, anthracycline exposure increases levels of ROS and $Ca²⁺$ in cardiomyocytes, with subsequent mitochondrial dysfunction, infammasome activation, apoptosis and necrosis [[79\]](#page-17-5). Doxorubicin exposure increases the production of circulating IL-1-β, IL-6 and C reactive-protein (CRP), enhancing through infammation, the risk of metabolic diseases and cardiovascular manifestations [\[114\]](#page-19-7). Indeed, gliftozins counterbalance the various cardiotoxic mechanisms generated by anthracyclines, thus leading to an improvement in dysregulated pathways. Quagliariello et al. demonstrated that incubation of cardiomyocytes from non-diabetic mice with empaglifozin signifcantly reduced the intracellular Ca^{2+} content and expression of several pro-infammatory cytokines. Moreover, the authors demonstrated an improvement in LVEF and radial/longitudinal strain after anthracycline exposure in the empaglifozin mice group [\[66](#page-16-7)]. This report also highlighted a role of SGLT2i in the modulation of NLRP3 and myeloid diferentiation primary response 88 (MyD88)-related pathways, known to be involved in the cytokine release that characterizes HF [\[111](#page-19-8)]. Similarly, the role of empaglifozin in preventing doxorubicin-induced myocardial dysfunction in non-diabetic mice was reported by Sabatino et al. In particular, empaglifozin caused 50% less myocardial fbrosis independently of glycaemic control [[121\]](#page-19-9).

Normalization of SGK1 and ENaC myocardial expression

Serum- and Glucocorticoid-Regulated Kinase 1 (SGK1) is highly expressed in the human and murine heart and is upregulated in many pathophysiological settings, including obesity, heart disease and diabetes. SGK1 regulates the expression of a number of ion channels, including epithelial sodium channel (ENaC), which is upregulated in obesity and diabetes [[47](#page-16-8)]. In insulin-resistant female diabetic mice, increased myocardial expression of SGK1 and ENaC caused myocardial fbrosis and eccentric LV hypertrophy, while empaglifozin reduced SGK1 and ENaC levels, as well as related pro-fbrotic signals, leading to an improved diastolic relaxation. These results suggest that the SGLT2i mediated improvement in cardiac function may be modulated, in part, through reduction in SGK1/ENaC activity [[47\]](#page-16-8). In a mouse model, Zhang et al. also demonstrated that the downregulation of SGK1 pathway reduced doxorubicin-mediated cardiotoxicity through the phosphorylation and nuclear translocation of NFκB, leading to reduction of cardiomyocyte infammation and apoptosis [\[166](#page-21-6)]. This would further identify SGK1 downregulation as a possible mechanism of cardiac protection induced by SGLT2i.

Upregulation of ketone body release

Recent in vitro studies suggest that β-hydroxybutyrate (β-OHB), a ketone body that increases during SGLT2i treatment, may protect against anthracyclines by reducing ROS levels and by improving mitochondrial function in cardiomyocytes [\[102](#page-18-7)]. On the other hand, ketone serves as an efective source of energy in the failing heart and can mitigate cardiomyocyte damage by reducing ROS and by increasing ATP levels [\[10](#page-14-4)]. Modulation of cardiac metabolism might thus represent a rather pivotal mechanism through which SGLT2i could protect against anthracycline cardiotoxicity.

Downregulation of ferroptosis

Ferroptosis is a mechanism of iron-dependent non-apoptotic cell death characterized by iron overload and lipid peroxidation. Ferroptosis occurs in many pathophysiologic conditions and may contribute to acute kidney injury, neuronal death, and cancer cell death as well [[36](#page-15-9), [62,](#page-16-9) [81,](#page-17-9) [82](#page-17-10), [154](#page-20-7)]. Ferroptosis is also involved in cardiovascular diseases such as cardiomyopathies and acute myocardial infarction [\[32](#page-15-10)]. In

Fig. 3 Molecular mechanisms through which SGLT2 inhibitors may exert a cardioprotective role in anthracycline-treated patients and in patients developing cancer therapy related cardiac dysfunction. *AMPK* 5ʹ adenosine monophosphate-activated protein kinase, *CKMB* Creatine Kinase MB, *FGF-21* Fibroblast growth factor-21, *NLRP3* nucleotide-binding oligomerization domain-like receptor family pyrin

domain containing 3, *NTproBNP* N-terminal pro B-type natriuretic peptide, *MyD88* Myeloid diferentiation primary response 88, *IL-1β* Interleukin-1 beta, *NADPH* nicotinamide adenine dinucleotide phosphate, *IL-10* Interleukin-10, *PGC-1* Peroxisome proliferator-activated receptor-gamma coactivator, *SIRT-1* Sirtuin-1, *STAT-3* Signal transducer and activator of transcription 3

a mouse model of cardiac ischemia–reperfusion injury, the iron chelator desferrioxamine and the glutaminolysis inhibitor compound 968, both with ferroptosis inhibitory activity, reduced myocardial infarct size and improved cardiac function [[44,](#page-16-10) [106\]](#page-18-8).

Canaglifozin mitigates ferroptosis, and by doing so it was shown to improve cardiac function in a preclinical model of HFpEF [[83\]](#page-17-11). This raises interest on SGLT2i as potential cardiac protectant against anthracyclines, especially since ferroptosis is strongly involved in anthracycline cardiotoxicity [\[167](#page-21-7)]; however, we are unaware of studies that addressed this hypothesis in detail.

Upregulation of PGC‑1α and mitochondrial protection

In preclinical studies, anthracycline-dependent cardiomyocyte damage was fngerprinted by reduced AMP-activated protein kinase (AMPK) expression and double-strand deoxyribonucleic acid (DNA) breaks, which is consistent with anthracyclines intercalating in DNA and blocking the activity of topoisomerase IIβ that is constitutively expressed in cardiomyocytes [[76\]](#page-17-4). As anticipated earlier, topoisomerase IIβ inhibition triggers transcriptome changes that culminate in mitochondrial dysfunction and apoptosis [[145](#page-20-8)]. Doxorubicin would nonetheless induce anthracycline cardiotoxicity by many other mechanisms, which may range from excess of ROS production in mitochondria to suppression of peroxisome proliferator-activated receptor gamma coactivator-1 alpha ($PGC-1\alpha$), a transcription coactivator that plays a primary role in mitochondrial oxidative phosphorylation and fatty acid oxidation [\[117,](#page-19-10) [146,](#page-20-9) [160\]](#page-21-8). Studies of ischemic cardiomyopathy in laboratory animals have shown that empagliflozin increases the levels of PGC-1 α , leading to mitochondrial protection [[161](#page-21-9)], while other studies showed that similar mechanisms enabled empaglifozin to protect cardiomyocytes against doxorubicin [[144\]](#page-20-10).

The molecular mechanisms through which SGLT2i might exert cardioprotection against anthracyclines are summarized in Fig. [3.](#page-5-0)

Biological basis of cardioprotection in cardiotoxicity induced by other cancer drugs

Cardiotoxicity complicates the clinical use of many anticancer drugs other than anthracyclines [\[52,](#page-16-0) [138\]](#page-20-11). There are

aTotal Percentages referring to individual case safety reports with at least one ICI as the suspected drug (*n*: 2478) retrieved from Eudravigilance. Date from Mascolo et al. [[86](#page-17-13)]

^aTotal Percentages referring to individual case safety reports with at least one ICI as the suspected drug (n: 2478) retrieved from Eudravigilance. Date from Mascolo et al. [86]

few preclinical studies exploring the cardioprotective role of SGLT2i against these drugs.

Trastuzumab is an anti-Human Epidermal Growth Factor Receptor 2 (HER2) antibody, primarily used in the treatment of HER2 overexpressing breast cancers (approximately 15–20% of all diagnoses). Anti-HER2 agents exert cardiotoxicity by a variety of mechanisms that include, among others, DNA-damage and ferroptosis [\[80](#page-17-14), [131](#page-20-12)]. In vitro and in vivo studies showed that empaglifozin mitigates DNA damage and ferroptosis induced by trastuzumab [[94](#page-18-9)]. In other preclinical studies, empaglifozin was able to ameliorate cardiomyocyte autophagy induced by sunitinib, an angiogenesis inhibitor. This refect empaglifozin interactions with the AMP-activated Protein Kinase-Mammalian Target of Rapamycin (AMPK-mTOR) signaling pathway but other mechanisms of protection might well involve a reversal of sunitinib-induced microvascular injury and the consequent increase of coronary flow $[63, 115]$ $[63, 115]$ $[63, 115]$ $[63, 115]$.

Interesting data emerging from murine models and clinical studies suggest the potential protective efect of SGLT2i in mitigating cardiovascular toxicity caused by anti-angiogenic therapies. Luseoglifozin showed to upregulate the expression of vascular endothelial growth factor (VEGF)-α in the kidney after ischemia–reperfusion injury in non-diabetic mice [\[165\]](#page-21-10); at the same time, Nikolaou et al. demonstrated the protective role of chronic administration of empaglifozin in the myocardial ischemia–reperfusion injury in diabetic mice, sustained by the upregulation of VEGF pathway [[101\]](#page-18-10).

Antimetabolite drugs, such as 5-Fluorouracil (5-FU) and Capecitabine, are also associated with serious cardiovascular toxicities, such as coronary spasm, myocardial infarction, arrhythmias and HF [[129](#page-19-12)]. Evidence regarding antimetabolites cardiotoxicity may reveal a cardioprotective role exerted by SGLT2i. In a preclinical study, the administration of empaglifozin in mice treated with 5-FU ameliorated the cardiotoxic efects by diferent mechanisms including vasodilating efect, antioxidant and anti-infammatory properties and the downregulation of tumor necrosis factor alpha (TNFα)/ toll like receptors (TLR)/ nuclear factor-κB (NF $κ$ B) pathway [\[113](#page-19-13)].

Another example of how SGLT2i can counteract or prevent cardiovascular toxicity from non-anthracycline drugs involves studies on carflzomib (CFZ), a proteasome inhibitor, currently approved for relapsed/refractory multiple myeloma. Clinical employment of CFZ is limited by cardiovascular toxicity, mainly due to endothelial dysfunction. Canaglifozin abrogated the apoptotic efects of CFZ in cultured endothelial cells, and again this occurred by an AMPK-dependent mechanism [[26\]](#page-15-11).

A detailed analysis should be reserved to immune checkpoints inhibitors (ICIs), currently approved for many solid tumors treatment [[4\]](#page-14-5). Main compounds used in clinical

practice are reported in Table [1](#page-6-0) [\[4](#page-14-5), [9,](#page-14-6) [35](#page-15-12), [49,](#page-16-12) [59,](#page-16-13) [110](#page-19-14), [150,](#page-20-13) [168\]](#page-21-11). ICIs, inducing a non-specifc autoimmune response by activating T cells, may lead to immune-related adverse events (irAEs) occurrence [\[109](#page-19-15)]. It has been observed that around 60–80% of patients who undergo ICIs treatment may experience irAEs, with 20% of them suffering from high-grade irAEs [\[65](#page-16-14)]. As well, among cancer patients who received a combination scheme (e.g. ipilimumab + nivolumab), more than 90% had at least one irAE, and nearly half of them had severe irAEs [\[67](#page-16-15)]. These side effects obviously do not spare the heart. However, ICIs-induced cardiotoxicity is a relatively rare complication and frequently manifests with myocarditis. Recent studies have found that SGLT2i may offer a promising approach to reduce all-cause mortality in cancer patients receiving ICIs therapy. Perelman et al. retrospectively analyzed 119 patients treated with ICIs; of them, 24 (20%) had SGLT2i on board. SGLT2i emerged as an independent predictor for lower allcause mortality [\[108\]](#page-19-16). Noteworthy, another important fnding was that the baseline hematocrit (HCT) was higher in the SGLT2i group $(37 \pm 6\% \text{ vs. } 33 \pm 6\%, p = 0.003)$ underling the active role on hematopoiesis played by these medications in cancer patients [[38](#page-15-13)]. The complex mechanisms through which SGLT2i may oppose ICIs cardiotoxic efects are still unknown and translational research is needed.

All these fndings identify SGLT2i as potential cardioprotective agents against a wide spectrum of antitumor drugs. Needless to say, further preclinical and clinical studies are much needed to support this hypothesis. However, the translation of data emerged from preclinical studies to clinical practice is limited by the lack of models able to mimic the clinical scenario of cancer patients, often afected by concomitant comorbidities and cardiovascular disease. Indeed, in most studies in vivo models were represented by healthy animals, complicating the transposition of results to elderly, comorbid cancer patients [\[84,](#page-17-15) [122](#page-19-17)]. While assessing the efectiveness of cardioprotective strategies, it is essential to consider the impact of cardiovascular risk factors, such as diabetes or arterial hypertension, and previous cardiovascular events, i.e. acute and chronic coronary syndromes, which frequently affect patients with active cancer or cancer survivors years after drug exposure [\[171\]](#page-21-12). Appropriate in vivo models able to integrate the complexity of cancer patients are needed in order to better understand the pathogenesis of cardiovascular toxicity, the relationship between fn cancer and cardiovascular diseases and potential therapeutic options [[7,](#page-14-7) [18\]](#page-15-14).

Table 2 Available clinical studies exploring the potential cardioprotective role of SGLT2 inhibitors in oncological patients undergoing cardiotoxic treatments **Table 2** Available clinical studies exploring the potential cardioprotective role of SGLT2 inhibitors in oncological patients undergoing cardiotoxic treatments

 CVD cardiovascular diseases, Ht heart failure, $SGL2$ sodium-glucose cotransporter-2 inhibitors, $IKIs$ tyrosine kinase inhibitors ^aDefined as > 10% decline in ejection fraction to <53% a Defined as $>10\%$ decline in ejection fraction to $<$ 53%

SGLT2 inhibitors in cardio‑oncology: clinical experience

The promising results of preclinical studies paved the way to the evaluation of potential cardioprotective efects of SGLT2i in patients undergoing anthracycline-based chemotherapy (Table [2](#page-8-0)). A retrospective study recently included 3033 patients with diabetes mellitus and treated with anthracyclines for solid and hematologic malignancies. After matching subjects for age, sex, and anthracycline starting date, the authors could identify a case population of 32 patients who received SGLT2i during chemotherapy and a control population of 96 subjects who did not. The primary outcome was a composite of HF incidence, HF hospitalization, clinically significant arrhythmias, or $a > 10\%$ absolute decline in LVEF to a final value $<$ 53%. During a median follow-up period of 1.5 years, when compared to controls, case patients experienced a lower incidence of the composite primary outcome, as well as reduced overall mortality and incidence of a composite of sepsis and neutropenic fever $(16\% \text{ vs } 40\%; p=0.013)$. A non-significant higher incidence of genital infections was observed. The lower incidence of cardiac events was principally driven by a reduction in HF hospitalizations and $>10\%$ decline LVEF to $< 53\%$ during chemotherapy [[46\]](#page-16-16).

In the same way, Chiang et al. conducted a retrospective propensity score-matched cohort study, involving adult patients with type 2 diabetes mellitus diagnosed with cancer (95% with solid tumors and 5% with haematologic malignancies). From a total cohort of 8640 patients, 878 patients received an SGLT2i [primarily empaglifozin (49%), followed by dapaglifozin (38%) and canaglifozin (14%)] while 7556 did not and served as controls. During a median follow-up of almost 20 months, SGLT2i patients showed a three-fold lower rate of hospitalizations for incident HF compared to controls (2.92 vs 8.95 per 1000 patient-years, $p = 0.018$). In Cox regression and competing regression analyses, SGLT2i were associated with a 72% reduction in the risk of hospitalization for HF. Overall, SGLT2i was associated with a higher survival (85.3% vs 63.0% at 2 years, *p*<0.001), with the risk of serious adverse events (i.e. acute kidney injury and diabetic ketoacidosis) similar in the two groups [[24\]](#page-15-15). Of interest, the use of SGLT2i was associated with a decreased risk of urosepsis, sepsis and hypoglycemia.

Other investigators evaluated a cohort of 933 patients without HF history who were receiving medications for diabetes and underwent anthracycline-based chemotherapy. Of these patients, 99 received an SGLT2i while 834 did not and served as controls. During a median follow-up of 1.6 years, in the SGLT2i population there was a signifcant lower incidence of HF hospitalizations, while no signifcant diference in incident HF diagnosis, cardiovascular disease diagnosis or mortality could be detected [\[1](#page-14-8)]. Finally, Avula et al. conducted a retrospective investigation on the role of SGLT2i in diabetic patients exposed to antineoplastic agents and developing a decline in left ventricular function. In a cohort of 1280 adult patients without a history of ischemic heart disease but with chemotherapy-induced cardiac dysfunction, patients treated with SGLT2i on top of therapy showed reductions in acute HF exacerbation, all-cause mortality, allcause hospitalizations, atrial fbrillation/futter, acute kidney injury and need for renal replacement therapy compared to controls who did not receive SGLT2i [\[11](#page-14-9)].

Even if limited by observational design and unmeasured confounders between the populations examined, these studies formed the rationale for randomized controlled trials. The EMPACT (Empaglifozin in the Prevention of Cardiotoxicity in Cancer Patients Undergoing Chemotherapy Based on Anthracyclines; NCT05271162) trial is a multicenter phase III study aiming to assess whether prophylactic empaglifozin may prevent LV dysfunction in patients receiving highdose anthracycline therapy.

Cardiotoxicity may not only manifest as cardiac dysfunction, but also with arrhythmic events, such as atrial fbrillation (AF) and ventricular tachycardia, generally developing acutely after anticancer treatment administration. In particular, AF is frequent in oncological patients, with an estimated prevalence of 9.77% and an age-related relative risk ratio in patients with cancer compared with no cancer of 10.45 [[12](#page-14-10)]. Pathogenetic factors coming at play are numerous, even though generally involving patients' related factors, anti-neoplastic therapy performed and/or direct compression/invasion exerted by cancer itself [\[23](#page-15-16), [34,](#page-15-17) [48,](#page-16-17) [92](#page-18-11), [112](#page-19-18)]. There is growing evidence about the potential protective role of SGLT2i in arrhythmias and AF [\[77](#page-17-17)]. Potential biological mechanisms implicated in antiarrhythmic properties probably involve regulation of Ca^{2+} and Na⁺ homeostasis, as well as the anti-fbrotic and anti-infammatory efects exerted on myocardial cells [[43\]](#page-16-18). In clinical practice, dapaglifozin showed to infuence AF or atrial futter events in the DECLARE-TIMI 58 population, reducing their occurrence by 19%; this effect was consistent regardless of the patient's previous history of AF, atherosclerotic disease, blood pressure or history of HF [\[163](#page-21-13)]. Likewise, Abu-Qaoud et al. studied the efects of SGLT2i in patients with type 2 diabetes previously diagnosed with AF and treated with catheter ablation, demonstrating that the use of these drugs was associated with a lower risk of arrhythmia recurrence and consequently a reduced need for cardioversion, antiarrhythmic therapy or new AF ablation [[3\]](#page-14-11). In the light of this new evidence, SGLT2i may become an important tool in the management of rhythm-related disorders in the oncological population, specifcally in patients treated with cancer therapies associated with arrhythmic events.

Table 3 Proposed effects of SGLT2 inhibitors on erythropoiesis **Table 3** Proposed efects of SGLT2 inhibitors on erythropoiesis EPO Erythropoietin, RBCs red blood cells, Hct haematocrit, Hb haemoglobin, HIF-a Hypoxia-inducible factor alpha *EPO* Erythropoietin, *RBCs* red blood cells, *Hct* haematocrit, *Hb* haemoglobin, *HIF‐α* Hypoxia-inducible factor alpha

secretion

SGLT2 inhibitors and bone marrow function: implications for cancer patients

In addition to the aforementioned cardioprotective efects, SGLT2i seem to exert unique and complex effects on hematopoiesis and bone marrow (BM) function; accordingly, BM cells represent the extrarenal compartment with the highest level of expression of SGLT2, followed by skeletal muscle and myocardial cells [[5\]](#page-14-12).

SGLT2 inhibitors and modulation of erythropoiesis.

The most evident BM effect of SGLT2i is modulation of erythropoiesis. SGLT2i increased hemoglobin count and hematocrit in various randomized controlled trials (summarized in Table [3](#page-10-0) along with the suggested mechanisms of action of SGLT2i). The most notable trial to provide such information was the EMPA-REG OUTCOME trial, which recruited 7028 diabetic patients and reported higher hematocrit values in the empaglifozin groups than in the placebo group [[170](#page-21-14)]. While originally ascribed to natriuresis and plasma volume contraction, the increase in hematocrit was later related to an enhanced production of erythropoietin [[30,](#page-15-18) [37](#page-15-19), [88](#page-17-12)]. In fact, an increase in erythropoietin occurred early upon treatment initiation and subsided a new set point for the equilibrium between erythropoietin and haemoglobin levels [\[153](#page-20-14)]. SGLT2i improve erythropoietin expression/secretion via at least three distinct mechanisms: modulation of tubulointerstitial hypoxia and hypoxia-induced factor (HIF)‐α expression, mitigation of infammation-induced functional iron defciency, and metabolic reprogramming (the latter manifested at a cellular level by an increased production of ketone bodies and a state of starvation mimicry) [[104\]](#page-18-12).

The action of SGLT2i to block $Na⁺$ reabsorption in the proximal renal tubule leads to increased delivery of sodium to more distal portions of the nephron, where counterregulatory mechanisms of Na+ absorption are recruited to limit the magnitude of natriuresis. It has been speculated that SGLT2i might in this way increase oxygen consumption and predispose to tissue hypoxia in the S3 segment of the nephron, possibly in close proximity to the specialized interstitial fbroblast-like cells belonging to the deep cortex, which could be stimulated to produce erythropoietin [\[156](#page-21-15)]. On the other hand, inhibition of glucose reabsorption would alleviate metabolic demands in the proximal tubules and reduce oxygen consumption, thus improving oxygenation in the outer renal cortex and allowing dysfunctional fbroblasts to revert to a phenotype that is able to synthetizes erythropoietin [\[124](#page-19-19)].

In addition to the aforesaid considerations, the disease states that pose an indication to SGLT2i, such as HF and kidney impairment, are associated with the development of a typical anemia of chronic disease. This is caused by an infammatory state characterized by increased levels of two major iron regulatory proteins, hepcidin and ferritin, and by a state of functional iron defciency [[147](#page-20-15)]. Hepcidin, produced by the liver, blocks the absorption of iron from the duodenum and its release from the reticuloendothelial system. SGLT2i reduced serum hepcidin and ferritin levels in both type 2 diabetes [\[45](#page-16-19)] and chronic HF [\[24](#page-15-15), [104](#page-18-12)], in part by stimulating erythropoiesis and in part by a direct anti-infam-matory effect [\[103](#page-18-13)]. Regardless of the ultimate mechanism, decreases in hepcidin and ferritin would lead to an increased release of iron from macrophages and intracellular storages, respectively, fueling red blood cells production. A key role seems to be played also by ketone bodies. Acetoacetic acid, β‐hydroxybutyrate, and acetone are in fact hyperproduced in patients during chronic SGLT2i therapy and experimental evidence suggests that β‐hydroxybutyrate infusion causes a concomitant 30% increase in erythropoietin levels and bone marrow glucose uptake in healthy volunteers [[71\]](#page-17-18). If and how precisely an SGLTi-driven upregulation of ketone bodies would contribute to increasing erythropoiesis will nonetheless require further investigations. Finally, SGLT2i up-regulate sirtuin (SIRT)1 [\[132](#page-20-16)], which can then activate HIF-2 α directly [\[28](#page-15-20)] or through heme oxygenase-1 and can enhance transcription of the erythropoietin gene [\[139](#page-20-17)]. Thus, SGLT2i may well augment erythropoietin production in kidney and liver cells also in an oxygen-independent manner.

SGLT2i has also been linked with enhanced development and BM release of pro-angiogenic progenitor cells. In particular, dapaglifozin increased BM resident mature leukocytes and circulating white blood cells in both diabetic and non-diabetic mice, and improved diabetes-associated defects in hematopoietic stem cell mobilization by granulocyte colony-stimulating factor, eventually promoting the migration of BM cells to the sites of vascular injury [[5\]](#page-14-12). In humans, empaglifozin increased circulating pro-angiogenic CD133⁺ progenitor cells and increased M2 polarized monocytes with anti-infammatory properties [[51\]](#page-16-20). As anthracycline cardiomyopathy is at least in part due to impaired mobilization and regenerative functions of endothelial cell progenitors [\[57](#page-16-21)], SGLT2i could be of potential value to restore the recruitment of endothelial cell progenitors to sites of injury. As a last observation, the aforementioned work by Gongora et al. [\[46\]](#page-16-16) showed that SGLT2i reduced a composite outcome of sepsis and neutropenic fever, possibly suggesting that these drugs may also exert some efects on the defense mechanisms of cancer patients treated with chemotherapy. SGLT2i efects on lymphocyte and granulocyte functions could be an interesting feld for future research.

Fig. 4 The hematological efects of SGLT2 inhibitors. On the right, the effects on the red blood cell in the context of chemotherapyinduced anemia (CIA): in particular, inhibition of SGL2 promotes the increase in hematocrit by stimulating the release of erythropoietin and activating SIRT1; it induces the modulation of interstitial tubule hypoxia by promoting the reduction of ferritin and hepcidin. SGLT2 inhibitors also reduce Ferroptosis favoring a greater amount of circulating iron from macrophages. On white blood cells, in the

Implications of SGLT2 inhibitors use in clinical practice.

Anemia is a frequent fnding in patients diagnosed with solid cancers and lymphomas or acute leukemias, and is further worsened by chemotherapy treatments. Unsurprisingly, anemia is an important adverse prognostic factor for outcomes in lymphoma patients, worsening the overall and progression free survival independent of bone marrow involvement [\[98\]](#page-18-14). The pathogenesis of cancer-induced anaemia (CIA) is complex and multifactorial [\[2](#page-14-13)]. Cancer-associated chronic infammatory is an important contributor, leading to a condition of functional iron defciency; for example, patients with difuse large B cells lymphoma are characterized by increased circulating levels of IL-6, hepcidin and ferritin, along with a defective erythropoietin production [\[136\]](#page-20-18). Current management of CIA relies on iron replacement therapy, transfusions and erythropoiesis stimulating agents (ESA)

mouse models, SGLT2 inhibitors promote the increase of CD34+ cells in peripheral blood and the migration of neutrophils at the level of vascular injuries. Furthermore, they favor the polarization of macrophages into the M2 phenotype. The presence of SGLT2 at the level of lymphoblasts and myeloblasts has not yet been fully elucidated. *EPO* Erythropoietin, *HIF* hypoxia induced factor, *IL6* interleukin 6, *SIRT1* Sirtuin-1

[[16](#page-15-21)]. However, CIA correction remains an unmet clinical need, considering that only 1/3 of patients respond to ESA. Moreover, ESA is associated with an increased risk of thromboembolic events and concerns around an accelerated tumor progression have been raised. Transfusions of red blood cells, although in some cases unavoidable, seem to worsen prognosis [[2\]](#page-14-13). In this setting, the multifaceted activities of SGLT2i on reducing infammation while also safely upregulating erythropoiesis hold promise for a better management of CIA. Nevertheless, it is worth noting that SGLT2i-induced erythrocytosis seems not to be accompanied by an increased risk of thrombosis, which makes premature SGLT2i discontinuation or haematocrit lowering strategies (such as implementation of phlebotomy program) unnecessary precautions [[41,](#page-16-22) [42\]](#page-16-23).

Figure [4](#page-12-0) summarizes the role of SGLT2i in the hematologic patient.

Proposed SGLT2 inhibitors efects on solid tumors and hematological malignancies

There are several in vitro studies suggesting that SGLT2i exhibit anti-proliferative activity against some types of solid tumors, including breast, lung, prostate, colon and pancreas. This may help to design strategies that combine SGLT2i with other cancer drugs [\[60](#page-16-24), [69](#page-17-19), [70](#page-17-20), [169](#page-21-16)].

The metabolic reprogramming of cancer cells involves changes in the uptake of various substrates and changes in their metabolic pathways. The most striking example of altered metabolism is the Warburg Efect [[78\]](#page-17-21), which consists of increased glucose uptake and its conversion to lactate via anaerobic glycolysis. One of the proposed mechanisms through which SGLT2i may limit tumor growth therefore consists in decreasing glucose availability to cancer cells through inhibition of sodium glucose cotransporter, which in fact is overexpressed in pancreatic, lung and prostate adenocarcinomas and in high grade glioblastomas [\[127](#page-19-20), [148](#page-20-19)].

In this context, emerging anticancer efect of SGLT2i may also be obtained by reducing the activity of Hexokinase II (HK II), an enzyme that has been found to play a signifcant role in cancer development. It is overexpressed in many types of cancer cells and has been shown to promote tumor growth and survival by increasing the rate of glucose uptake and metabolism. This enzyme is known to interact with mitochondria, serving as facilitator and gatekeeper of malignancy [[87\]](#page-17-16). HK II is also able to suppress the death of cancer cells, increasing their metastatic potential. For these reasons, targeting this key enzyme is currently being investigated as novel cancer therapies [[40](#page-16-25)]. Recent studies have shown that SGLT2i may have anticancer effects by reducing the activity of HK II. As well, by reducing glucose uptake and metabolism in cancer cells, SGLT2i may attenuate tumor growth and improve the efectiveness of cancer treatments [\[29](#page-15-22), [142,](#page-20-20) [152](#page-20-21)]. While both Hexokinase II and SGLT2i have been extensively studied in the context of cancer, further research is needed to fully understand their complex roles in the disease and to develop efective treatments that target these pathways.

Programmed cell death-ligand 1 (PD-L1) function on cancer cells appears to be critical in immune escape and tumor development. SGLT2i promotes PD-L1 recycling, allowing the ubiquitination and proteasome-mediated degradation [\[27\]](#page-15-23). As well, a number of emerging evidences suggests that SGLT2i may have direct anticancer efects, going beyond metabolic properties. A recent study demonstrated that SGLT2 is overexpressed in osteosarcoma cells and its inhibition can promote treatment efficacy by inducing T cell infltration [\[149](#page-20-22)]. In the same direction, other recent reports found similar efficacy of SGLT2i in the context of liver [[50\]](#page-16-26) and cervical carcinoma [[151\]](#page-20-23).

Efects of SGLT2i in solid tumors are currently investigated in small clinical trials. The frst trial enrolled 15 participants to assess the tolerability and efficacy of dapaglifozin on top of standard chemotherapy (Gemcitabine and nab-Paclitaxel) in patients with metastatic pancreatic cancer. The drug was well tolerated with favorable changes in tumor response and plasma biomarkers [[105\]](#page-18-15). An ongoing phase 1b/2 study (NCT04073680) plans to recruit 60 participants with advanced solid tumors (breast, endometrial, lung, colorectal, and head and neck cancers) treated in combination with serabelisib (a PI3K inhibitor) and canaglifozin. The study rationale is that hampering the glucose/insulin feedback pathway would enhance the efficacy of PI3K inhibition. A phase I trial (NCT04887935) involving 24 participants is planning to assess the tolerability/efficacy of neoadjuvant SGLT2i before radical prostatectomy in high-risk localized prostate cancer. Finally, a phase 1 study (NCT05521984) will probe dapaglifozin in combination with carmustine for treatment of pediatric brain tumors.

Metastasis is a significant challenge in cancer treatment, often resulting in poor prognosis. Recent research has suggested that SGLT2i may play a role in the prevention of metastasis through diferent mechanisms: reducing the expression of certain molecules that are involved in the adhesion and migration of cancer cells and reducing the activity of signaling pathways involved in the growth and survival of cancer cells. On this line, a recent study from Rogava and colleagues explored new insights into the mechanisms behind liver metastasis in cancer [\[118](#page-19-21)]. In particular, they focused on Pip4k2c (phosphatidylinositol-5-phosphate 4-kinase), an actionable target of SGLT2i, and found that the loss of Pip4k2c leads to the activation of the PI3K-AKT pathway, which plays a crucial role in liver metastasis.

Less is known about SGLT2i as therapeutic agents for hematologic malignancies. A meta-analysis of diabetic patients treated SGLT2i or Dipeptidyl Peptidase (DPP)IV inhibitors found a lower risk of hematological malignancies in the SGLT2i arm, which suggests a possible protective role of these agents [[119\]](#page-19-22). In preclinical studies, SGLT2 was shown to be expressed in the human tonsil [\[22](#page-15-24)], in regulatory T cells, memory CD4 and CD8 T cells and NK cells [\[140](#page-20-24)]. Moreover, SGLT2 was remarkably expressed in leukemic cells from patients with adult T-cell leukemia (ATL) and SGLT2i suppressed the proliferation of two ATL cell lines and of leukemic cells in peripheral blood from patients with ATL. The antiproliferative effect of SGLT2i in these cells was due to reduced glucose uptake and consequent reduced intracellular levels of ATP and NADPH [\[99](#page-18-16)].

On the basis of these preclinical studies, more evidence of SGLT2i in the treatment of hematological malignancies, including the broad spectrum of lymphoproliferative disorders, is highly warranted.

Conclusions and future directions

We reviewed the promise that SGLT2i hold as cardiac protectants, potential antiproliferative agents and stimulants of erythropoiesis and immune defense in the cancer patient. Overall, this represents the conceptual pillar to foster clinical research and use of SGLT2i beyond currently recommended indications in HF and diabetes. The need for cardioprotective agents is in fact a notable challenge in contemporary Cardio-Oncology, particularly in view of the avalanche of new drugs and therapies heavily treated patients with relapsed or refractory cancer might be considered candidates for. At the same time, the need for improving quality of life and patient reported outcomes in oncologic settings encourage studies of SGLT2i in cancer pathophysiology, immune system regulation and infection control.

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Declarations

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